



HOST OF IN THE KITCHEN SHARES LASAGNA RECIPE
FOOD {page 22}



ZOMBIE 101

A NO BRAINER: ZOMBIES ARE KING OF THE UNDEAD

{pages 24-27}

OTTAWA

metro®

Wednesday, October 12, 2011

www.metronews.ca



News worth sharing.



RBC Royal Bank®



Advice you can bank on™

Cyclist killed after hitting car

► Police still investigating, no word on charges ► Rush hour traffic was moving slowly, witness says

A female cyclist died on Queen Street yesterday morning after an opening car door struck her and she fell into the path of another vehicle, witnesses say.

"It was horrific," said Mike Murphy, who said he was driving to work directly behind the Volkswagen Passat that struck the woman.

Murphy said the woman was trapped beneath the car and he and a handful of other bystanders stopped immediately, shouted at the driver to stop and lifted the car off the woman.

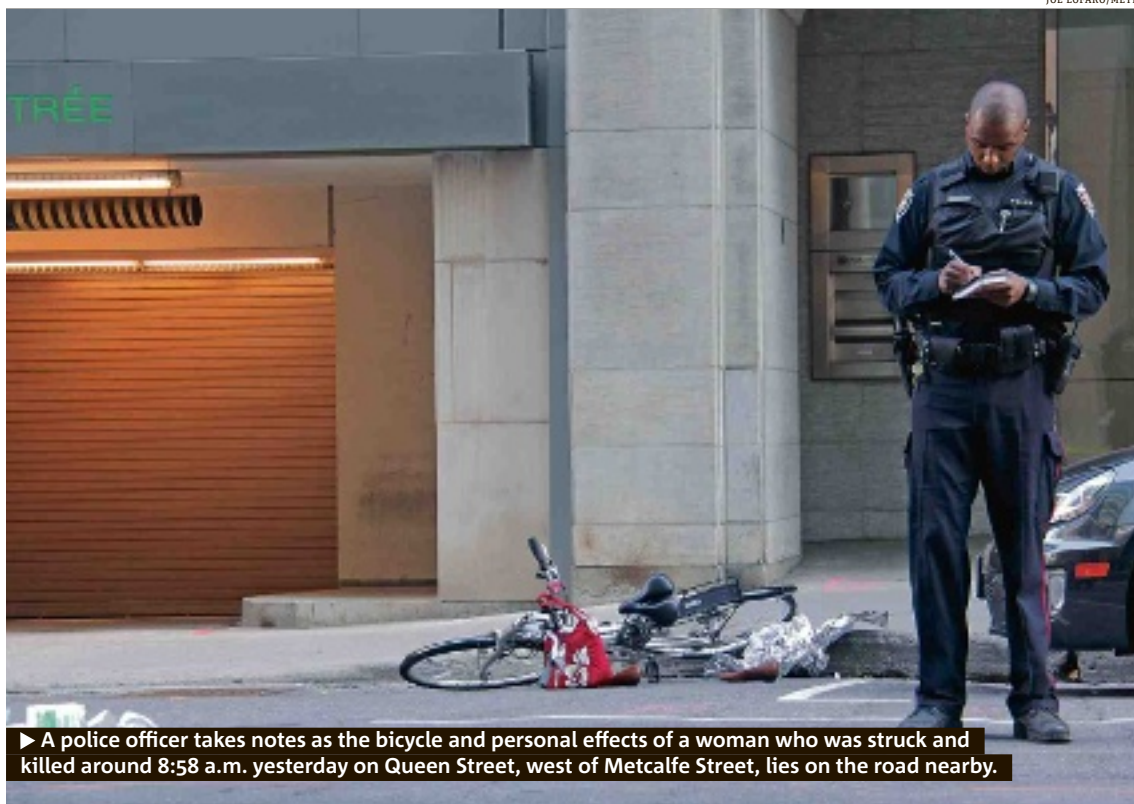
Despite their efforts, paramedics arriving on scene soon after were unable to revive the woman, who was in her 30s. Paramedics said she was pronounced dead upon arrival at hospital.

The car the bystanders lifted was weighs about 1,430 kilograms when it is empty, according to company specs.

Murphy and another bystander, Mario Arvizu, said the cyclist had almost passed a parked Volkswagen GTI when its door opened.

"I'm a tourist," said Arvizu, who is visiting Ottawa from Mexico with his girlfriend.

"It's really, really traumatic. I



► A police officer takes notes as the bicycle and personal effects of a woman who was struck and killed around 8:58 a.m. yesterday on Queen Street, west of Metcalfe Street, lies on the road nearby.

never saw something like that. We were all trying to help the lady because it was something horrible."

Murphy said he wasn't sure if

it would have been possible for either the driver opening the door or the driver who ultimately struck the cyclist to have avoided the accident.

"Another 30 seconds and I could have been driving the car that hit her," Murphy said, clearly shaken.

● SEAN MCKIBBON

Local

Couples all Win A Baby

► Controversial contest ends with five finalists winning fertility treatment ► Publicity stunt earns praise and criticism {page 3}

Two of a kind

Zoey finds kindred spirit in show's creator {page 16}



RBC Royal Bank®

How can we help you today?
rbc.com/advice




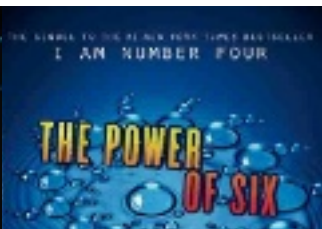
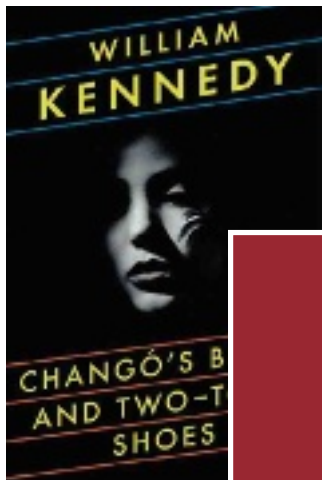
AWARD-WINNING BANKING FOR ALL CANADIANS

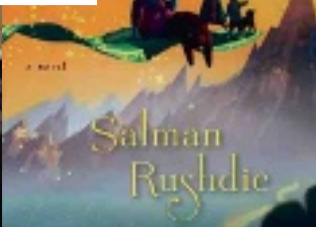




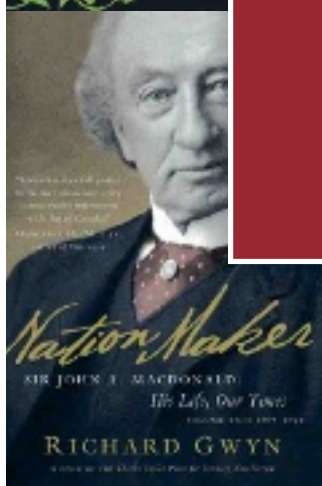



More than 10 million Canadians choose award-winning* banking from RBC Royal Bank®.



Advice you can bank on™

* Shared recipient of six Synovate Best Banking Awards 2011 among the Big 5 Banks. ®/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.





20% off*

ALL Regular Priced Books In-store

Limited time only

!Indigo

Enrich your life™

Indigo Chapters Coles indigo.ca

*Valid until October 23, 2011 on regular priced in-stock books only. Cannot be used to adjust amount paid on previous purchases. Offer may change or terminate at any time without notice.

Cyclists preach safety after bike death

JOE LOFARO
@METRONEWS.CA

Ottawa cyclists reacted with sadness yesterday after learning about a fatal collision between a 30-year-old female cyclist and a car during rush hour yesterday morning on Queen Street.

Witnesses said the woman was "doored" and then fell into the path of another vehicle.

"It's unfortunate that this happened to this lady," said Robert Dennis, an avid cyclist of more than 60 years. Dennis said he didn't think the incident would deter people from cycling to work, but he said cyclists need to be especially careful.

"I always look ahead to see if there's anybody in the car," he said. "If there's somebody in that car, I'm going to be very cautious and either slow down, or if I'm clear I can go around it wide enough so that the door can open," he said.

Bike courier Henry Summerfield recommends cyclists take up more space on the road even if it upsets motorists.

"I just stay out far enough if I feel the need," he said. "The best thing is that motorists or passengers on either side of the car, whenever you get out, just make a habit of looking over your shoulder and checking."

Unlike Dennis, Summerfield said he believes the incident will keep some people from cycling.

Five couples' baby-making efforts get bonus push

► All finalists win expensive fertility treatments ► Radio stunt earns praise and criticism ► Contestant calls for OHIP funding of IVF

JOE LOFARO
@METRONEWS.CA

For five years, Natasha and Ryan Derouchie have been trying to have a baby, and now they — and four other couples — are days away from treatments that could make that dream come true.

The Derouchies were one of five finalist couples who entered the Win a Baby contest on local radio station Hot 89.9. Much to their surprise yesterday morning, co-host Jeff Mauler announced that all top five couples had won up to three fertility treatments rather than just one couple.

"There was lots of crying. We pretty much sobbed and just (held) each other. My phone was going crazy," said Natasha, 30. "Every couple was doing the same thing. We're still trying to absorb it because it's really a dream come true."

Natasha and Ryan both have fertility problems, and doctors told them the only way they could conceive was through in vitro fertilization (IVF). The high cost of the procedures held them back, but now they've won up to three fertility treatments valued at \$35,000.

The contest didn't sit well with everyone, though. Several listeners blasted the radio station for putting human life up



► Natasha and Ryan Derouchie pose outside of Ryan's parents' house yesterday after winning the Win a Baby contest on Hot 89.9.

for grabs in a contest.

Natasha countered that Hot 89.9 was trying to raise awareness about infertility. One in six couples in Ontario struggle

with infertility, according to Conceiveable-Dreams.org.

Natasha said she wants to keep the public conversation going because so

many people are affected.

"If people want something done, then they need to tell the government they want OHIP to fund IVF."

Family-drowning trial gets underway in Kingston court

Eight jurors have been selected in Kingston, Ont., in the murder trial of a Montreal couple and their adult son accused of killing members of their own family.

Jury selection began today in the trial of Tooba Mohammad Yahya, 41, her husband Mohammad

Shafia, 58, and their son, Hamed Mohammad Shafia, 20.

The family members are each charged with four counts of first-degree murder.

Three teenage Shafia sisters — Zainab, 19, Sahari, 17, and Geeti, 13 — along with Rona Amir Moham-

mad, 50, were found dead inside a submerged car discovered in June 2009 in the Rideau Canal.

The case has drawn a lot of publicity, and 1,050 people have been sent jury summons.

The trial is projected to last about three months.

THE CANADIAN PRESS

News in brief

Fire at former Harley shop

A fire at a former Harley Davidson dealership warehouse at 505 Industrial Avenue has resulted in an estimated \$125,000 in damages.

Ottawa Fire Services spokesperson Marc Messier said firefighters received the call just after

12:30 p.m. yesterday.

Messier said the fire is believed to have started in a wall on one side of the building and then spread to the roof area. Additional firefighters were dispatched in order to open up the roof and walls to prevent the fire from spreading. A nearby business, Fastenal, had to evacuate their employees as a precaution.

Messier said there were no reported injuries and the cause is under investigation. ● METRO

1

news



A new study shows evidence of a link between vitamin E and prostate cancer. Scan the code for the story.

- 1 Download the free ScanLife app with your smartphone at 2dscan.com
- 2 Use your smartphone to scan 2D barcodes in Metro
- 3 The codes will direct your mobile browser to m.metronews.ca

On the web at metronews.ca



John Baird does his best to ingratiate himself to his hosts in Libya by announcing a new financial commitment. Video at metronews.ca/canada

Follow us on Twitter
@metroottawa

Rezoning opens door for new apartments

► City, developer compromise on plan ► But residents of Trend-Arlington threaten to take fight to OMB



JESSICA SMITH
@METRONEWS.CA

Ottawa's planning committee approved a zoning amendment yesterday for a new apartment building at Greenbank Road and Craig Henry Drive — a compromise with the developer that councillors defended as the only way to stave off a fight at the Ontario Municipal Board.

The developer, DCR Phoenix, originally proposed a six-storey, 72-unit building, but agreed later to a 61-unit structure consisting of two sections, one of them five-storeys high and the other three storeys. The revised plan was submitted after the city spent \$15,000 for an architectural peer review

that proposed a smaller building.

Some local residents oppose the plan.

"This will set a precedent for height and density down the road, and it's in a school zone," said James O'Grady, vice-president of the Trend-Arlington Community Association.

O'Grady said his group is concerned about the impact of traffic around the schools on Greenbank Road and the sightlines of the surrounding houses.

Most of the community members who spoke at the planning-committee meeting said they wanted all of the changes suggested in the peer review to be implemented, which would see a development with fewer apartments, a smaller footprint and a more at-

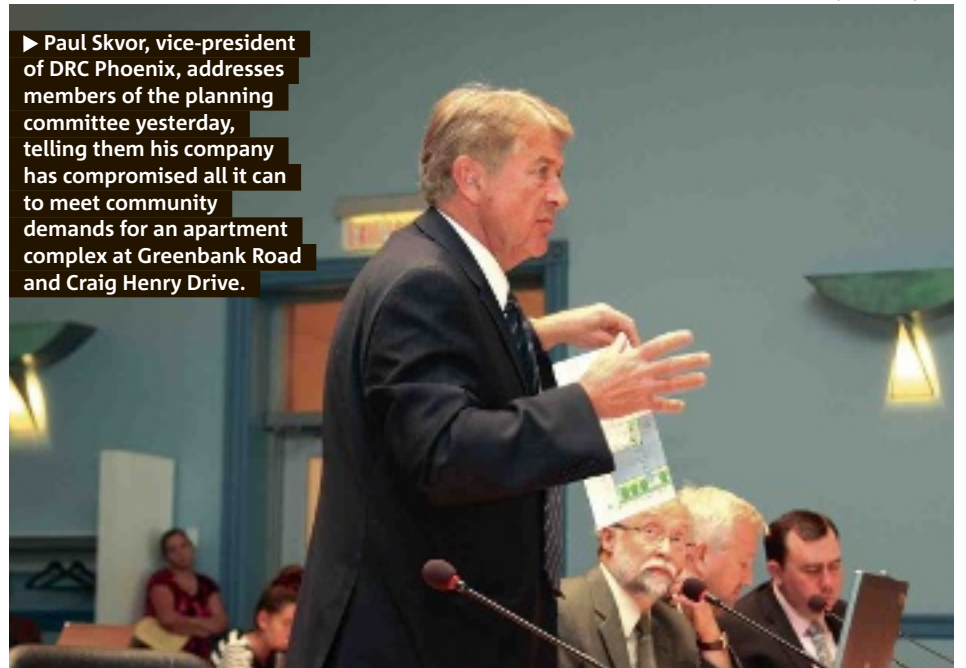
tractive sloped-roof style.

But Coun. Rick Chiarelli said that if the city denies the developer's zoning application, the company could complain to the OMB and would probably win — and even see its original plan approved — because DCR Phoenix demonstrated a willingness to compromise and the building is in keeping with the city's official plan.

"Are you prepared for us to vote no and live with the consequences of the Ontario Municipal Board?" he asked O'Grady.

O'Grady replied that his group would launch its own OMB challenge, but later said that would be a last resort, after seeking more changes from the developer.

► Paul Skvor, vice-president of DCR Phoenix, addresses members of the planning committee yesterday, telling them his company has compromised all it can to meet community demands for an apartment complex at Greenbank Road and Craig Henry Drive.



Chiarelli and the other councillors said they are satisfied with the compromise. That includes Keith Egli, the ward councillor, who has worked for

months on the plan with residents and the developer.

"I hope that the spirit of co-operation that has been built up through this

process continues on and we continue to meet and negotiate the site plan and address the concerns that are out there in the community," Egli said.



She's hungry.

And sadly, she's not alone.



When food is scarce, Sylvia only has tortillas with salsa to take away the hunger. The terrible truth is that every five seconds, a child under 5 dies from malnutrition or preventable diseases.

Sponsorship can transform the life of a child like Sylvia

When you sponsor a child, your monthly gift of \$35 will provide the essentials every child needs, including things like:

- Safe water
- Better nutrition
- Access to health care
- Quality education

You'll receive regular updates, so you can see the difference you're making. Plus your support will reach further, improving life for everyone in your sponsored child's community.

There are thousands of children in urgent need, struggling against poverty.

You can help.

Join the

Campaign for Children

Sponsor a child today

Call 1-866-619-2224

Visit www.worldvision.ca/children

October 3-November 30, 2011

LANCÔME

Customize Your Perfect Gift

Free with your Lancôme purchase of \$34 or more*. An estimated value of up to \$183.*

EXCLUSIVELY OURS. October 12 to November 6.



Choose 7 products and
customize your perfect gift
Plus, receive this exclusive
LANCÔME cosmetics bag

Choose 3 treatment products

Rénergie Lift Volumetry, Absolue Premium Rx, High Résolution Refill-3X, Cils Booster XL, Bi-Facil, Bright Expert or Crème Radiance.

Choose 4 makeup products

Color Design Lipcolour, Teint Miracle, Le Crayon Khôl, Juicy Tubes, Hypnôse Drama, Color Design Eye Shadow or Blush Subtil.

Another gift With your Lancôme purchase of \$75 or more, receive a special additional gift*. Consult your beauty advisor for more information.
*Also available online at thebay.com. Online gift may vary.

Make the most of your gift

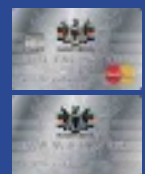
Visit thebay.com/beauty and view our Lancôme Gift beauty video hosted by our national makeup artist, CityLine's Dino Dilio. He'll show you pro-tips on how to get the most from every single item.



AN EXCLUSIVE HBC CREDIT CARD ONLY BONUS Wednesday, October 12 to Sunday, October 16 only!

As a thank you for your LANCÔME purchase, receive a \$25 savings card with any LANCÔME purchase of \$75 or more** when you use your HBC† MasterCard® or HBC Credit Card. Offer valid while quantities last.

Redeemable only on your next purchase of \$100 or more** when you use your HBC MasterCard or HBC Credit Card. Valid October 12 to October 30, 2011.
**Before taxes. Not redeemable on cosmetics or fragrance purchases. One card per transaction. Not to be combined with any other offer. Other exclusions may apply. See store for details. †Registered trademark of Hudson's Bay Company. ®Registered trademark of MasterCard International Incorporated. Used pursuant to license.



thebay.com
twitter.com/thehudsonsbayco

the **Bay**

*Before taxes. Offer good while supplies last. Offer ends Sunday November 6, 2011. Quantities limited. One gift per customer please. Components may vary.
All selected items must be different. Values are based on our per mL and/or g price for regular-sized products.

News in brief

Woman in labour gets police escort

SIRENS. A woman gave birth to a healthy baby just moments after she arrived at the Ottawa Hospital with a full police escort, lights on and sirens blaring, OPP officers said.

Officers stopped to investigate why a vehicle was stopped on the 417 eastbound west of Woodroffe Avenue Thursday morning and found that a female passenger was in advanced labour.

They called an ambulance but determined it couldn't get there in time, so four OPP cars that were in the area escorted the woman's vehicle to the hospital.

She was taken into

care at about 8:27 a.m. and her baby boy, named Tanner, was born healthy two minutes later weighing seven pounds, three ounces.

● METRO

Rock spill investigated

HIGHWAY. Ontario Provincial Police are investigating after a vehicle lost a load of rocks that spilled across all of the lanes of Highway 417 at St. Laurent Boulevard yesterday morning. The highway was closed while the rocks were cleared and no collisions reported, police said.

Police are asking the driver, or anyone with information about the driver, to come forward and contact the Ottawa OPP at 613-270-9171.

● METRO



For more local news visit metronews.ca/Ottawa

Dragon with a pen

► Dragon's Den star Kevin O'Leary in town to speak at writers' festival



SEAN MCKIBBIN
@METRONEWS.CA

Kevin O'Leary doesn't like to waste time and writing his book, *Cold Hard Truth: On Business, Money & Life* took him a lot longer than he expected.

"I have a new respect for authors. It's the hardest job in the world. If a man could give birth it would be to a book," says the entrepreneur and CBC *Dragon's Den* star. He says he figured it would take him 90 days. It took him a year and a half. "I would sit down every night at 11 p.m. with a bottle of burgundy and figure I'd write a chapter."

He'd go to bed pleased with what he'd written, but in the morning he'd



SEAN MCKIBBIN/METRO

► Dragon's Den star Kevin O'Leary.

take a look at the chapter.

"It was crap. I couldn't believe how crap it was," he says. But he kept at it, rewriting revising, making

it better.

But he doesn't consider his book a waste of time at all. He learned something and hopes others will too.

"It was catharsis," he says of the process that forced him to delve deep into his memories, his childhood, his parents' divorce, his dyslexia and most importantly into his business failures.

"I was far more interested in why I failed," he says, adding that understanding successes is easier and doesn't teach as much. "What I found was is in every case where I made money it involved a partnership and in every case where I lost money it was something I tried to do on my own."

Everyone has weaknesses and the way to overcome them he says is to partner with people who can offset your weaknesses — a lesson he says works in all aspects of life, not just business.



RBC Insurance®

We do car insurance? Quite well, actually.



J.D. Power and Associates ranked RBC Insurance®
"Highest in Customer Satisfaction among Auto Insurers
in the Ontario and Atlantic Region."

When it comes to insurance, it's important to deal with a brand you can trust. Whether it's insurance for Home, Auto, Life, Health, Travel, Business or Retirement, you can feel confident choosing RBC Insurance for all your needs.

To get your quote, call 1-877-ROYAL®-43, go online at rbcinsurance.com or visit your local RBC Insurance branch.

In the South Keys Shopping Centre,
Ottawa

In the Terry Fox Shopping Centre,
Kanata

Insurance advice for your life™

| HOME | AUTO | LIFE | HEALTH | TRAVEL | BUSINESS | RETIREMENT |



Underwritten by RBC General Insurance Company or RBC Insurance Company of Canada.

© / TM Trademark(s) of Royal Bank of Canada. Used under licence. Due to the government-run auto insurance plans, RBC Insurance does not provide auto insurance in Manitoba, Saskatchewan and British Columbia.

RBC Insurance received the highest numerical score among auto insurance providers in the Ontario and Atlantic Region in the proprietary J.D. Power and Associates 2011 Canadian Auto Insurance Customer Satisfaction Study™. Study based on 11,286 total responses measuring 20 providers in the Ontario and Atlantic Region (NB, NL, NS, ON, PE) and measures consumer satisfaction with auto insurance providers. Proprietary study results are based on experiences and perceptions of consumers surveyed in July-August 2011. Your experiences may vary. Visit jdpower.com

The Biggest-Massive-Monster-Giant-Best-Deal-Ever Sale

Great deals on Lightly Loved handsets that will be new to you.

Phones
FROM
\$19



BlackBerry®
Bold™ 9700

\$159
New ~~\$400~~

Nokia® C5-04

\$69
New ~~\$150~~

Huawei U1250

\$29
New ~~\$58~~

Samsung Gravity™ 2

\$19
New ~~\$75~~

Huawei U3200

\$29
New ~~\$78~~

Alcatel Tribe
w/Android™

\$69
New ~~\$130~~

BlackBerry®
Curve™ 3G

\$129
New ~~\$248~~

In participating stores October 14th - 16th or while quantities last.

Add any of our **No Contract Unlimited Plans**
starting from **\$15/mo.**

To find a store or learn more visit
WINDmobile.ca



PARTICIPATING WIND STORES

OTTAWA
St. Laurent Shopping Centre

OTTAWA
Rideau Centre

A Lightly Loved phone has either been returned to WIND within 2 weeks and 30 minutes of usage from purchase date in working order and without physical damage OR has been refurbished by the manufacturer back to working order without physical damage. All Lightly Loved phone sales are final. The manufacturer's warranty is not applicable to Lightly Loved phones. All phones purchased at this sale must be activated with any monthly plan at the time of purchase. Quantities are limited. WIND and WIND MOBILE are trademarks of Wind Telecomunicazioni S.p.A. and are used under license in Canada by Globalive Wireless Management Corp. THE POWER OF CONVERSATION is a trademark of Globalive Wireless Management Corporation. ©2011 WIND Mobile. BlackBerry®, Bold™, Curve™ and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world. Nokia is a registered trademark of Nokia Corporation. ©2011 Nokia. All other trademarks are the property of their respective owners.

News in brief

Movie zombies take a tumble

TORONTO. Emergency workers faced a scene out of a horror movie yesterday after actors dressed as zombies fell off a platform during a film shoot in Toronto.

At least 16 actors on the set of Resident Evil: Retribution were injured.

The bizarre sight of the zombies made it difficult for emergency workers to assess the injuries, a spokesperson said. "It did kind of catch us off guard," said Sgt. Andrew Gibson.

THE CANADIAN PRESS

Hi, zombies ... here's a Bible

CALGARY. Break out the Bibles, Halloween's coming. That's the message

from a Calgary pastor, who aims to turn standard Oct. 31 activities on their head.

Paul Ade, 40, has been doling out Bibles instead of sugary treats since 2002. Now he wants others to follow suit and has made contact with about 3,200 North American churches.

● METRO CALGARY

Zombie arms cache busted

BUDAPEST. Nearly 100 live weapons to be used in Brad Pitt's zombie flick World War Z were confiscated by Hungarian officials, reports said. The cache included machine-guns, rifles and pistols.

Counterterrorism official Janos Hajdu said: "It's possible all the weapons were brought in for the film, but this would not be allowed by Hungarian law. This is a very complicated case."

THE ASSOCIATED PRESS

Did the law let down Pickton's victims?

► Inquiry commissioner asks: Are marginalized women truly equal?

JONATHAN HAYWARD/THE CANADIAN PRESS



The inquiry into how Robert Pickton was allowed to kill so many women without getting caught opened yesterday with a demonstration — and a question.

Commissioner Wally Oppal asked: Are marginalized women — including those targeted by the serial killer — truly equal?

"We must ask ourselves, 'Is this acceptable, is it acceptable that we allowed our most vulnerable to disappear, to be murdered.'"

"The question is upsetting. It challenges our fundamental values."

But the question is essential to understanding the crisis of missing and murdered women, Oppal said in Vancouver.

"Individually, the loss of each woman is heartbreaking. Taken together, the murder and disappearance of so many women is horrific," Oppal said.

Meanwhile, dozens of demonstrators banged on aboriginal drums and

blocked traffic to protest the provincial government's decision to deny legal funding to several groups who asked to be involved in the inquiry.

The Assembly of First Nations announced it will "regrettably" withdraw

from the inquiry.

The assembly's national chief, Shawn Atleo, said his group no longer is confident the inquiry will bring justice for the families of missing and murdered women in Canada.

THE CANADIAN PRESS

The serial killer

- Pickton was convicted of killing six women, but he bragged to police that he killed as many as 49.
- Many of the women were from Vancouver's Downtown Eastside and worked as prostitutes and were addicted to drugs.
- He is serving a life sentence in a B.C. prison.

fido

CityFido
unlimited
Talk & text anytime

\$35
per month¹

Add 100MB
of data for
\$10
per month²

Unlimited outgoing calls
Unlimited incoming calls
Unlimited evenings and weekends
Unlimited text messages
Unlimited international text messages

FidoTRADE™

Trade in your phone
and **save³** on one
of these phones



Sony Ericsson
Xperia Pro

LG
Optimus 2X

Samsung
Galaxy Q™

Use your minutes in any CityFido™ zone. Long distance charges may apply.

CityFido unlimited, another reason you'll love your Fido. Make the switch.

Go to **fido.ca**, visit a store or call **1-866-301-3436**.



Offers subject to change without notice. 1. Additional airtime, long distance, roaming, data, add-ons, provincial 9-1-1 fees (if applicable) and taxes are extra & billed monthly. Local airtime minutes within CityFido zones only; airtime used for calls made and received outside CityFido zones costs 25¢/min. Long distance charges of 25¢/min may apply & are determined based on local calling areas, not CityFido zones, **fido.ca/callingareas**. Plan includes messages sent from Canada to Canadian, U.S. or intl. wireless numbers. Sent/received premium messages (alerts, messages related to content and promotions) and messages sent while roaming not included and charged at applicable rates. Subject to Fido Terms and Conditions & Acceptable Use Policy, **fido.ca/terms**. 2. If you exceed the amount of data included in your Add-on, it will be charged in \$5 increments. Data transmission charges of 3¢/kB apply when roaming (0.6¢/kB when roaming in the U.S.); **fido.ca/dataaddons**. 3. Subject to FidoTRADE Program Terms & Conditions; **fido.ca/fidotrade**. Portions of this page are reproduced from work created and shared by Google and used according to terms described in the Creative Commons 3.0 Attribution License. Samsung Galaxy Q is a trademark of Samsung Electronics Co. Ltd., used in Canada under license. Fido & design, CityFido and FidoTRADE are trademarks used by Fido Solutions. © 2011

SuiteDreams.com



Cartier Place
SUITE HOTEL

LOCATION • HOSPITALITY • VALUE

*Special
Corporate & Government Rates*



250 spacious suites with kitchens | Penthouse hospitality suite | Residences | Complimentary WiFi
Indoor pool | Fitness room and sauna | Business suites | Banquet rooms | Meeting rooms

180 Cooper Street | PHONE: 613.236.5000 | FAX: 613.238.3842

FOR RESERVATIONS: 1.800.236.8399

Located between the Rideau Canal and trendy Elgin Street

Downtown Ottawa



Pet Friendly

You'll finally
want to be
in the picture.



WeightWatchers®
PointsPlus⁺

FREE
Registration
with the purchase
of any multi-week plan.

WWEO.ca
613-725-1200

Offer valid from August 28th to October 29th. Purchase of multi-week plan required. Available to new registrants in area 114 only. Not valid for Specialty Meetings or online subscription products. Cannot be combined with any other offer. ©2011 Weight Watchers International Inc., Owner of the WEIGHT WATCHERS registered trademark. All rights reserved. Slengora Limited is a registered user.

MAYRA BELTRAN / THE ASSOCIATED PRESS



► Rapper Bun B unites with protesters staging at city hall yesterday in Houston.

Marching for 99%

► NYC protesters express concern over 'millionaires' tax' expiration in December ► Hundreds cry out across U.S.

Hundreds of protesters, emboldened by the growing national outcry against what they see as the greed of Wall Street, streamed past the homes of some of the country's richest residents yesterday in a "Millionaires March."

Members of the Occupy Wall Street movement and other groups walked up the sidewalks of Manhattan's

East Side, along world-famous streets lined with swank apartment towers.

Protesters have been camped out for weeks in lower Manhattan's Zuccotti Park, saying they're fighting for the "99 per cent" of Americans who do not fall into the wealthiest one per cent of the population.

Several hundred protesters were arrested in New

York more than a week ago after police said they ignored warnings not to block traffic on the Brooklyn Bridge.

Their causes range from bringing down Wall Street to fighting global warming. The movement gained traction through social media, and protests have taken place in several other U.S. cities. **THE ASSOCIATED PRESS**

MEN & WOMEN

We are looking for healthy
volunteers to participate in
clinical research studies



1-866-759-5554
pharmamedica.com

You will be financially
compensated upon
completion of the study

PHARMA MEDICA
RESEARCH INC.

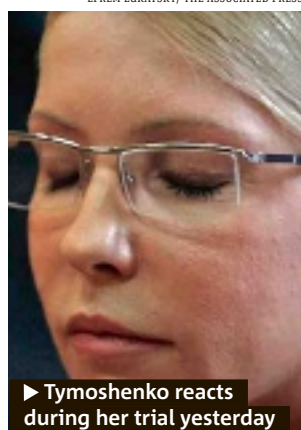
Ukraine's former PM sent to jail

► Court found Yulia Tymoshenko guilty of abuse of office ► Sentenced to 7 years in prison

Former prime minister Yulia Tymoshenko, a popular opposition leader who once symbolized Western hopes for a democratic Ukraine, was convicted of abuse of office yesterday in a verdict condemned by the U.S. and European Union as politically motivated.

The charismatic politician denounced the court even before the judge finished speaking. She compared it to the 1930s purges and show trials of Soviet dictator Josef Stalin and promised Ukrainians: "I will always be with you."

Tymoshenko's conviction bodes ill for Ukraine's aspirations to shake off Russian influence, integrate more closely into the West,



► Tymoshenko reacts during her trial yesterday

and eventually join the 27-nation European bloc.

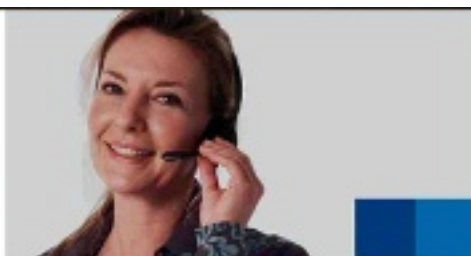
The verdict capped a chaotic trial that started in late June and saw scuffles between Tymoshenko's

supporters and opponents in court.

The court found Tymoshenko, 50, guilty of abuse of office in the signing of a natural gas import contract with Russia in 2009, saying she lacked an official authorization for the deal and had agreed to a price that was too high for Ukraine's economy.

But, Tymoshenko maintained her innocence, saying that as prime minister she did not need any special permission to order the signing of the deal. She says her actions helped end a bitter pricing dispute between Moscow and Kyiv, which had led to energy supply shortages across Europe. **THE ASSOCIATED PRESS**

This fall, Wednesdays are Open House Days at Randstad



Randstad is currently looking to fill over **100 Customer Service and Technical Support roles in the Ottawa area**. All our jobs are listed at www.randstad.ca

We have **permanent and temporary-to-permanent roles** available in contact centers. We are looking for **candidates who are fluently bilingual in English and French**, have **customer service experience** and have **open availability**. Please bring your resume and 2 business references.

Randstad Open House every Wednesday from 8am to 5 pm Throughout October and November 2011

52 Elgin Street, Ottawa ON, K1P 5K6
Ask for Jody or Sarah

NAC closest bus stop is Metcalfe or paid parking is available at the World Exchange Plaza.

Questions? Call us at 613.688.5556, or email us at customer.ot@randstad.ca

Add "Randstad Ottawa" as a friend on [f](https://www.facebook.com/RandstadOttawa) to view jobs, network with others, and ask questions of staff!



Staffing | Professionals | HR Solutions | Inhouse Services



Home Phone Lines

Satisfaction guaranteed! If you're not 100% satisfied, you pay nothing!

Why choose Comwave?

✓ All Features FREE

- FREE Caller ID
- FREE Call Waiting
- FREE Call Forwarding and much more...

✓ Risk free trial period

If you're not 100% satisfied, you pay nothing!

✓ Keep your existing Phone Number



Limited Time Offer! Call now and get:

6 Months FREE

On any plan

Unlimited Local



- ✓ Unlimited local calling
- ✓ 14 free features

\$14⁹⁵
/month

Unlimited Canada



- ✓ Unlimited local calling
- ✓ 14 free features
- ✓ Unlimited Canada calling

\$19⁹⁵
/month

Unlimited Global



- ✓ Unlimited local calling
- ✓ 14 free features
- ✓ Unlimited North America calling
- ✓ Unlimited calling to almost 60 countries

\$29⁹⁵
/month

www.comwave.ca

613-216-6096

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. HOME PHONE LINES: With this 6-month promotional rate, you are not eligible for other offers. All Unlimited Plans do not include calls to the United States, Alaska, Hawaii, Puerto Rico, Virgin Islands, Guam, and other territories. The 6-month promotion is based on a 30-day trial period and includes a 90-day Satisfaction Guaranteed period. The Global Plan includes a 30-day Satisfaction Guaranteed period. If you are not 100% completely satisfied, you may terminate the service anytime within the Satisfaction Guaranteed Period with no further obligations. If you transfer your existing phone number from your current provider to Comwave within the first 90 days, you will receive an additional 3 months free for a total of 6 months free. Terms and conditions apply. See www.comwave.ca for details.

Nova Scotia Nominee Program, Economic Stream Refund

If you paid fees to the Economic Stream of the Nova Scotia Nominee Program, you might be able to get some money back from the Province of Nova Scotia. Read this to find out more.

What is this about?

A lawsuit was started against the Province of Nova Scotia in 2009. The goal was to get a refund for people who applied for and paid fees into the former Economic Stream of the Nova Scotia Nominee Program. The Supreme Court of Nova Scotia has now certified that lawsuit as a class action. Your legal rights may be affected. The lawyers for both sides have made a deal that would give a refund to eligible people. The Supreme Court of Nova Scotia approved the settlement as fair and reasonable.

Am I included?

You are if you (1) paid money to Nova Scotia under the Economic Stream of the Nova Scotia Nominee Program, (2) landed and obtained permanent resident status in Canada, and (3) did not already get a refund. As long as you told the truth in your application and immigration filings, you should be eligible for a refund.

What does this mean for me?

If you are a Class Member, your legal rights are affected. You will benefit from any settlement, but you must give up your right to sue the Government of Nova Scotia on your own.

How much will I get?

If you were not paid anything under a business mentorship, you will get \$63,750 back if your claim is approved (\$75,000 less an approved 15% fee of \$11,250). If you were paid under a business mentorship, the amount you were paid will be deducted from \$75,000. The 15% fee will be taken from the net amount.

Do I have to pay anything out of my own pocket?

No. The lawyers' fees have already been accounted for in the amount set out above. You will not be billed. The Supreme Court approved the lawyers' fee as fair and reasonable.

How do I get my money?

You have to fill in a Claim Form. A copy of the Claim Form can be found at <http://www.branchmacmaster.com/nova-scotia-immigration/>. You must mail, fax, or email in the form by **May 4, 2012**.

What if I do not want to take part?

If you do not want to take part, you have to opt out. If you opt out, you will not get any benefit from the settlement. You will have to sue the Government of Nova Scotia on your own if you wish to recover anything. To opt out, go to <http://www.branchmacmaster.com/nova-scotia-immigration/>, download the opt out form, and submit it to the address listed. If you want to opt out, you must do so before **Jan. 5 2012**.

What if too many people opt out?

If more than 50 people opt out, the Province has the right to cancel the settlement. Neither the Province nor the lawyer for the class expect this to occur however.

I have other questions.

For more information, visit <http://www.branchmacmaster.com/nova-scotia-immigration/>. If you still have questions, just contact the lawyer appointed by the court to act for the class, Greg McMullen at Branch MacMaster LLP, at gmcullen@bramac.com or 604-631-2560.



► Air Canada employees hold a rally at Pierre Elliott Trudeau airport in Montreal yesterday after talks over pay and conditions between unions and management broke down. The federal government is considering its options on how to handle a renewed threat of a strike at Canada's largest airline.

Feds buy time sending strike matter to CIRB

- Union set to resume talks if key issues addressed
- Unclear why two agreements rejected by members

The federal government is moving to prevent a strike Thursday by Air Canada flight attendants by sending the matter to the Canada Industrial Relations Board for review.

Labour Minister Lisa Raitt told CTV News that a reference will be sent to the board today asking it to examine the difficulties in winning ratification of two tentative agreements reached by company and union negotiators.

"While the matter is be-

fore the CIRB, there cannot be a work stoppage," Raitt said from Vancouver.

The latest twist in Air Canada's troubled contract negotiations comes after members of the union rejected the latest agreement, which was supported by leaders of the Canadian Union of Public Employees.

"Our members are clearly frustrated, and are demanding their sacrifices over the past 10 years be addressed," said Jeff Taylor, president of the Air Canada

Component of the Canadian Union of Public Employees.

The tentative deal was reached Sept. 20 with the help of a federal mediator appointed by Raitt and the threat of back-to-work legislation.

The reference buys the government time to pass back to work legislation once the House of Commons resumes Monday. Air Canada would operate a partial schedule if a strike occurred. **THE CANADIAN PRESS**

Campaign action

- Garda Security Group, a private company contracted by the Canadian Air Transport Security Authority, won an injunction Thursday that bars a work slowdown.
- The group suspended 74 screening officers at Pearson International Airport after they staged a work-to-rule campaign yesterday.
- Garda began legal action against the officers and is looking at termination of employment, contempt-of-court proceedings and claims for damages.
- Air Canada and the Greater Toronto Airports Authority reported some delays yesterday morning, but said things were moving fairly well later in the day.

Canada's

National Notary Public

Company

Mobile Notary

Certified True Copies

E-Document Certification

Notarization & Commissioners of Oaths

Affidavits

Visa & Passport Processing

RedSeal
Notary.com

Notarization & Legalization

Over 100 Locations Across Canada



Scan and Save



Fingerprinting

Background Checks

Land Title Searches

Authentication & Legalization (Apostille)

Consent to Travel

1-888
922-7325

Market moment

TSX



+ 287.19
(11,875.55)

Dollar



+ 0.98¢
(97.29¢ US)

Oil



+ \$0.40US
(\$85.81 US)

Natural gas

1,000 cu ft
\$3.591
(+ \$0.05)

Gold
\$1,661.00
(- \$9.80)

Switch failure for RIM

The maker of the BlackBerry said yesterday the problems that plagued millions of users for a second day were caused by a core switch failure within the company's network. It is now working to clear the backlog.

BlackBerry users in Europe, the Middle East, Africa, India, Brazil, Chile and Argentina were affected. **THE CANADIAN PRESS/WITH FILES FROM THE ASSOCIATED PRESS**

WHAT WILL GERMINATE IN YOUR CAPSULE?

JUST SAYIN' ...

PAUL SULLIVAN
METRO



I'm not sure what bacteriologist Edward Durham was thinking back in 1897 when he put a vial of intestinal bacteria in a time capsule, but whatever it was, he should have thought it over.

Not only do we have to worry about new diseases from birds and barnyard animals, now they're coming at us from 114 years in the past.

Time capsules are designed to be opened in the future, and the future arrived last week when a building at Bellevue Hospital in New York was demolished, exposing a time capsule including the scientist's little gift and a note asking future generations to "let us know how long these spores last."

Well, Ed, we'll get back to you. I might add we're lucky they weren't active and belong to a type of bacteria that has been successfully treated by antibiotics, a post-1897 invention.

Which leads you to wonder: what else is out there buried in a box from the past that could have interesting consequences if opened before Christmas?

Here's just a partial list from time capsules buried in various cornerstones around the world: silk condoms, false teeth, bikini bottoms, Life magazine, a kewpie doll, various grain seeds, messages from Albert Einstein, and even a car. Not toxic, per se, but

what are they supposed to make of all that junk in the year 7000 AD?

Still, we continue to bury our civilization's flotsam and jetsam in structures that don't last 50 years, never mind 5,000. Or we shoot them into space, needles in a cosmic haystack. We do it because we hope that someone will be there and if they are, they need to get it right, dammit.

It's a way of bestowing immortality upon ourselves. And certainly, the only way any of these Just Sayin' columns will ever survive is to slip them in a time capsule between the bikinis and false teeth.

LOL if you must, but what goes into your time capsule? Downloads of Two and A Half Men? DNA from your dog? An Ikea catalogue? The iPod or the iPad? Both?

Let's say this stuff actually survives 5,000 years and is dug up. Will our descendants be able to decode our little blasts from the past? The origin and meaning of an 8-track could be as obscure as a cave painting.

Anthropologists, when they don't have a clue, always play the religious ritual card.

So in 7011, when they open up the Charlie Sheen Violent Torpedo of Truth Tour Video, it's possible a new religion will be born.

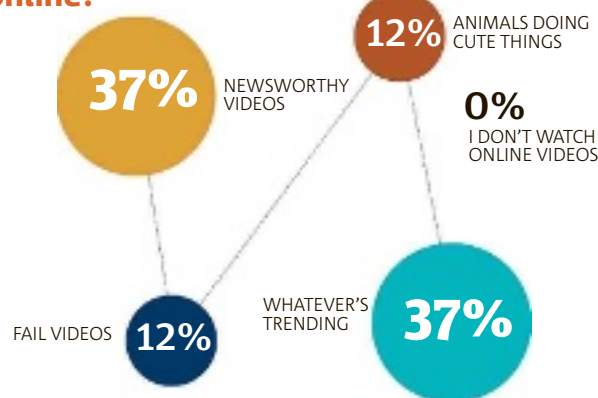
That's if God still has a sense of humour at that point.

Read more of Paul Sullivan's columns at metronews.ca/justsaying



Register at metropolitanpanel.ca and take the quick poll

What type of video do you watch most online?



Letters

RE: Jessica Napier's column published Oct. 11, *What's in a maiden name?*

Although I think the article was well written and thought provoking, I was surprised that, for a woman who writes from an informed and feminist perspective, she used references such as "Mr. and Mrs. His First and Last Name" and "Taking your husband's name." The article was written with gender assumptions and from a heterosexist perspective which made a good article disappointing in the end.

CHARLENE CREWS, TORONTO

RE: *Air Canada attendants reject second deal*, published Oct. 10 on metronews.ca

It deeply saddens and worries me to see the Harper government acting like a dictator in its excessive interferences in the labour disputes.

As the strike by flight attendants is looming, the government is threatening to come out with its stick and use it to force the employees back to work as if we live in a communist or fascist country.

ABUBAKAR N. KASIM, TORONTO

Afghan. Life



► Afghan children enjoy a swing ride set up in a cemetery outside Sakhi shrine in Kabul, Afghanistan yesterday.

MUHAMMED MUHEISEN/THE ASSOCIATED PRESS

Photo of the day

WEIRD NEWS

Who nose?

Simply blowing your nose could now produce energy-making results as scientists have discovered a way of converting human breathing into electricity.

Professor Xudong Wang and his team have made a tiny device that generates a small amount of electricity when a low-speed airflow such as human respiration passes over it.

The engineers at the University of Wisconsin-Madison used a special plastic named polyvinylidene fluoride that can produce an electrical

charge in response to a mechanical stress, a phenomenon known as the 'piezoelectric effect.' This plastic was small enough to be put inside a human nose.

"We calculated that if we could make this material thin enough, small vibrations could produce a microwatt of electrical energy that could be useful for sensors or other devices implanted in the face," Wang says. The engineer added that airflow from a human breath travels at less than two metres per second.

One microwatt of energy may sound minuscule but it is enough to power biomedical devices such as a heart pacemaker or a diabetic's glucose monitor.

● METRO WORLD NEWS

2
scene

Scene in brief



It's another honour for Taylor Swift. The country music superstar has been crowned Woman of the Year by Billboard magazine. The 21-year-old multi-platinum singer-songwriter is the youngest to receive the award. The announcement was made Tuesday. She will be honoured at the 2011 Billboard Women in Music event in New York on Dec. 2.

THE ASSOCIATED PRESS



Why children of the '80s are so appalled by the prospect of a Footloose remake.

Hollywood horror

► Tinseltown loves to recycle ► It seems the horror remake factory is working overtime



► The Thing, opening this weekend, is one example of a horror remake.



**RICHARD
CROUSE**

SCENE@METRONEWS.CA

Hollywood is so into recycling you'd think Al Gore was running a studio and green lighting movies. This year alone we've seen reimaginings, reboots and redos galore, from Straw Dogs and Footloose to Conan the Barbarian and The Mechanic.

It seems Tinseltown never met an idea it couldn't endlessly recycle.

This is particularly true in the horror genre. In the last 12 months, Colin Farrell clipped on Chris

Sarandon's used fangs in a remake of Fright Night, and this weekend, The Thing is, according to IMDB, "a prequel to a remake of an adaptation of the novella Who Goes There?" Whatever it is, original it's not.

Not that all original horror films are better than their remakes. David Cronenberg's dark vision enhanced the story of The Fly, delivering the real scares that the campy 1958 version lacked, and 1978's Invasion of the Body Snatchers is far creepier than its cinematic

predecessor.

The Blob, the tale of what happens when germ warfare goes awry, has been made a couple of times.

The original is an unintentionally funny flick with more giggles than gore, but it inspired a sequel, a remake and, if the rumours are true, a bloody revamp by horror maestro Rob Zombie.

I have a soft spot for the low-budget charm of the 1958 version, although the 1988 reboot has a smarter-than-it-needs-to-be script co-written by Frank

Darabont and a cool tagline — "Scream now! while you can still breathe!"

Count Dracula is one of the most portrayed characters on the big screen, having appeared in more horror films than any other famous monster of film-land. Eighty years after he first portrayed the vampire in the 1931 film Dracula, Bela Lugosi is still the most famous blood sucker of them all, although for my money, two British actors — Gary Oldham in Bram Stoker's Dracula and Christopher Lee in Horror

of Dracula — are tip-top Transylvanians.

Unlike his work in Scream, Wes Craven's early films didn't have any of the self-deprecating humour to go along with the scares.

His first movies were brutal, bloody and grim, usually all at once. Recent remakes of The Last House on the Left — rated R for "sadistic violence" — and The Hills Have Eyes — "The lucky ones die first!" — don't have quite the impact of the Vietnam era originals, but still require a strong stomach.

**2 BED
1 BATH APT.**
NO EX
TO JUDGE YOU
CLOSE TO DOWNTOWN
\$1025 + HYDRO
AVAILABLE MAY 1
CATS OK.
ASK FOR DENNIS
613-555-1234

**REACH 250,600
POTENTIAL BUYERS
EVERY WEEK IN METRO**

To place an ad go to www.metroclassifieds.ca
or call 1-800-527-6767

metro**classifieds** launches on October 17th!

metro

Rihanna happy for her ex

► Two years ago Chris Brown pled guilty to felony assault on then-girlfriend Rihanna ► Now the 'Sexiest Woman Alive' says she wishes him all the best

Rihanna says she resented Chris Brown for a time, but has put that behind her and is happy that her former boyfriend has found success in music again.

Rihanna tells Esquire magazine that disliking Brown "was taking up too much of my time" and that she has moved on from that.

"It was too much anger," the 23-year-old said.

"I'm really excited to see the breakthrough he's had in his career."

Brown, 21, is serving five years of probation after pleading guilty to felony assault for the attack on Rihanna in the early morning hours be-

fore the 2009 Grammys.

Graffiti, the album he released 10 months after the attack, was a commercial disappointment.

But his latest release, F.A.M.E. (Forgiving All My Enemies), debuted at No. 1 on the Billboard 200 albums chart in March; it reached gold status and has multiple pop and R&B hits with songs like Look at Me Now and Deuces, among other tracks.

"It's incredible to see how he pulled out the way he did. Even when the world seemed like it was against him, you know?" Rihanna said.

"I really like the music he's putting out. I'm a fan of his stuff. I've always been a fan."



► Rihanna on the cover of Esquire's November issue

Rihanna has done well musically, too: Her albums following the attack — Rated R and Loud — have both gone platinum, and she's releasing a new album, Talk That Talk, next month.

Whole package

Esquire named Rihanna as its Sexiest Woman Alive for 2011.

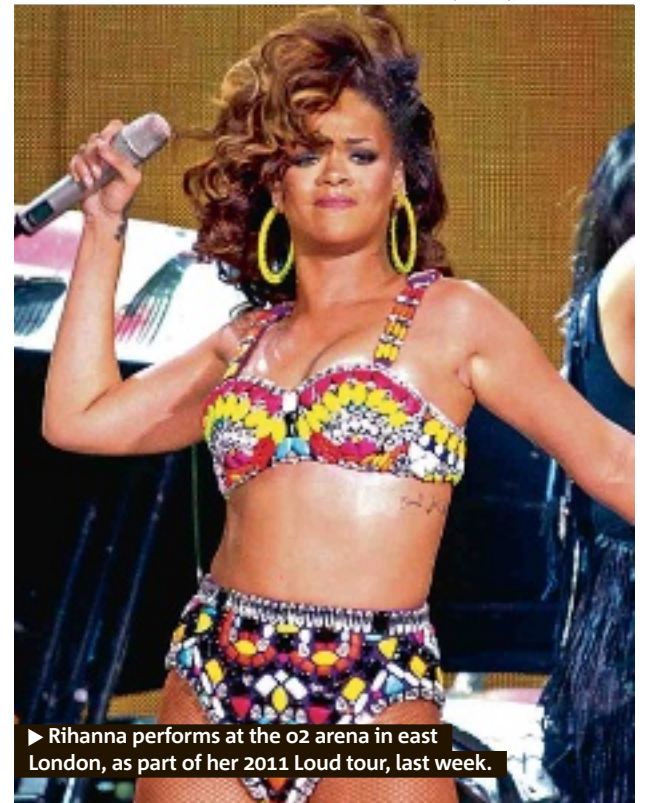
► The November issue of the magazine hits newsstands on Oct. 16.

Her latest single, We Found Love, is her 20th song to hit the Top 10 on the Billboard Hot 100 singles chart since she debuted in 2005.

Overall, she says she wants to see Brown do well.

"I would never wish anything horrible for him. Never. I never have," she said.

THE ASSOCIATED PRESS



► Rihanna performs at the O2 arena in east London, as part of her 2011 Loud tour, last week.

Visit a Scotiabank® branch and you could

WIN a \$10,000 PRIZE*



Buy your Fee-Free* American Express® Travellers Cheques at Scotiabank.

ALSO VISIT WEEKLY FOR YOUR CHANCE TO WIN \$500!
metronews.ca/scotiabank

© Registered Trademark of the Bank of Nova Scotia. ©1 Used by Amex Canada Inc. under license from American Express. *No purchase necessary. Contest Sponsors: Amex Canada Inc. and the Bank of Nova Scotia ("Scotiabank"). The Contest Period starts at 9:00 a.m. ET on October 3, 2011 and ends at 7:00 p.m. PT on November 30, 2011. The contest is open to all residents of Canada who have reached the age of majority in their province/territory of residence on or before October 3, 2011. To enter, purchase in a single transaction, \$1,000.00 CDN equivalent in American Express Travellers Cheques at any Scotiabank branch during the Contest Period. There is one (1) prize available to be won consisting of \$10,000 CDN cash deposited into a Scotia Money Master® Savings Account. Odds of winning depend on the number of eligible entries received. Winner must correctly answer a mathematical skill-testing question. To opt out of automatic entry into this Contest, email your request with your full name and address to the Independent Contest Organization at: amexoptout@themarkcorporation.com. For complete rules and regulations including information about how to make a no purchase entry visit www.scotiabank.com/travellerscheques or your local Scotiabank branch for details.



The golden girls

► Meet the women behind the hit Fox comedy *New Girl* ► Series creator was afraid she wouldn't find a lead 'as weird as I am' ► Luckily, 'adorkable' Zooey Deschanel walked in the door

AMBER RAY
SCENE@METRONWS.CA
METRO WORLD NEWS IN NEW YORK

Jess, the titular *New Girl* in Fox's new hit comedy, is one of a kind — she offhandedly references Lord of the Rings, constantly sings to herself, and does this little “hubba hubba” thing with her glasses when she sees a cute guy.

But bringing Jess to life took the work of two quirky kindred spirits, *New Girl* star Zooey Deschanel and series creator Liz Meriwether.

The women could be sisters.

At a press event before the series' premiere, the pair both dress in a so-



► The cast of *New Girl*

phisticated, cool, “Oh, I just found this at the vintage shop” style, exchanging rapid-fire compliments that make the other equally excited and adorably embar-

rassed.

“Liz and I are, like, connected, our souls are connected. So when your souls are connected, you're meant to do a show together,” Deschanel says.

CONTRIBUTED

The show's plot

Zooey Deschanel plays Jess, an adorable, goofy girl who moves in with three guys after a bad breakup.

► The men welcome their new roomie in a little sister kind of way, trying to help her tone down her dorky tendencies and get back in the dating game.

► The comedy: “[Jess is] someone who expresses her emotions all the time ... which I think is a really great contrast with the other characters, who are less in touch with their emotions,” Deschanel says. “A lot of the comedy comes out of that juxtaposition.”



► Zooey Deschanel

JOHN M. HELLER/GETTY IMAGES

CAREER TRAINING

Training with Meaning

In-demand career training in: HEALTH CARE

- Addictions and Community Services Worker
- Cardiology Technologist
- Dental Office and Chaiseide Assistant
- Esthetics
- Health, Fitness and Nutrition Consultant
- Intra-Oral (Level II) Dental Assistant
- Massage Therapy
- Medical Laboratory Assistant / Technician - OSMIT Approved*
- Medical Office Administrator
- Pharmacy Assistant
- Physiotherapist Assistant



Call Now!

1-866-777-7844

Everest COLLEGE
BUSINESS • TECHNOLOGY • HEALTH CARE

Ottawa East • Ottawa West

16 Convenient Locations in Ontario
Providing quality education in Ontario for nearly 40 years.

- Career services assistance available to graduates
- Programs and Schedules Vary by Campus
- Financial assistance may be available for those who qualify.
- Morning and afternoon classes available. Evening classes vary by campus.

Apply online at
www.EverestCanHelp.ca

*Graduates are eligible to write the OSMIT certification examination. Successful completion of this exam will allow students to attain the designation of MLAT.

“I didn't think I could, you know, find somebody that's as weird as I am,” Meriwether interjects.

“The first time that she came in [to audition], the feeling in the room was, just the second she opened her mouth to do this scene, everybody was like, ‘This is a perfect match of character and actress.’”

“When I read it,” De-

schanel adds, “I was like, ‘I obviously need to play this part. This is me.’ I mean, not actually me, but it is a part of me, a secret part.”

And if there's any character I want to play forever and ever and ever, it's this one. So I'm psyched. High five, Liz.”

Meriwether's reaction? “Ah, I'm going to cry,” she says.

Musical girl

Zooey Deschanel's other gig is as one half of the band She & Him (she sings and plays piano and ukulele). Music plays a big part in *New Girl* — the theme to *Dirty Dancing* is featured in the pilot episode, and Jess often breaks out into little ditties. ● AMBER RAY

LOVE TO PLAY?

Get more Metro puzzles and games on your iPhone with the FREE Metro Play app — updated daily!



HORRIBLE BOSSES

IS YOUR BOSS A TOTAL SLEAZY TOOL?

BUY IT NOW ON BLU-RAY COMBO PACK & DVD!

YOU COULD WIN A COPY OF HORRIBLE BOSSES ON BLU-RAY COMBO PACK OR DVD!

To register and for full contest details visit clubmetros.com

VISIT clubmetros.com TO ENTER

© 2011 New Line Productions, Inc. All Rights Reserved. TM & © 2011 New Line Productions, Inc. All Rights Reserved.

Demi and Ashton play happy families

► Couple hits the woods with their Kabbalah teacher ► Rumours still swirling about their relationship

Ashton Kutcher and Demi Moore spent the Yom Kippur holiday getting away from it all, camping near Santa Barbara, Calif., with their Kabbalah instructor in tow, according to Hollyscoop.

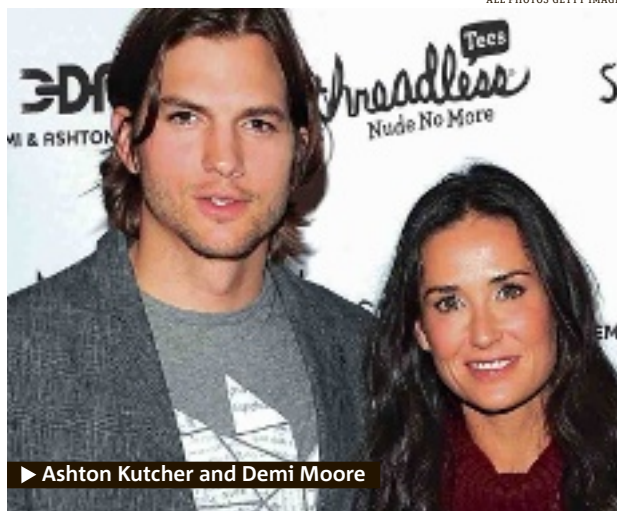
The couple didn't seem at all pleased when spotted by other campers, though.

"Demi was screaming

"Please don't take photos of me or my family. Please don't expose this," a source says.

"Once she knew she had been photographed, she whistled at Ashton and gestured for him to hurry into the tent. It was obvious that Demi was showing the strain about the state of her marriage."

● METRO



► Ashton Kutcher and Demi Moore

ALL PHOTOS GETTY IMAGES

Clooney and gf laze in Cabo

George Clooney and Stacey Keibler are enjoying autumn by avoiding it all together.

The new couple jetted off to Cabo San Lucas over the weekend, with Keibler posting a photo on Twitter of a palm tree-lined, beach-side swimming pool with the comment, "Chasing the last days of summer."

● METRO

Baby was planned: Beyoncé

Beyoncé, whose first child is due in February, says she intentionally waited before getting pregnant for the first time.

"It was important to me that I gave myself time to focus on becoming the woman I want to be, building my empire, my relationship, and my self-worth, before I became a mother," she tells Harper's Bazaar.

"Now God has blessed us

with the ultimate."

Also carefully planned? The announcement about her pregnancy, made at the MTV Video Music Awards.

"I put a lot of thought into how I wanted to unveil it. It was important to me that I was able to do it myself," she says. "I decided to say nothing and proudly show my baby bump. I felt it was more powerful to see the love and enthusiasm as op-



► Beyoncé

posed to saying anything."

● METRO

Bump gossip

Jess to go public

ON A POTENTIAL MINI SIMPSON. After months of speculation, Jessica Simpson is reportedly gearing up to announce her pregnancy, a source close to Simpson's fiancé, Eric Johnson, tells Radar Online. "It's still early in the pregnancy, and Jessica has decided to wait before sharing her happiness with her fans," the source says. "But she has begun telling family and friends the exciting news." Simpson is expected to go public with the news as an exclusive for a magazine, the website claims.

● METRO

Up the duff

HILARY'S AN INCUBATOR. Hilary Duff admits that pregnancy is proving to be a strange experience. "It's literally like an alien has taken over your body. One day I'll have a good day, and one day I'll have a bad day, and it kind of goes like



Celebrity tweets



"If future historians look back 2 the blogs of our day 4 reference material it'll be a piss poor account of who we r. Or is that who we r?"

@JimCarrey



@JonahHill

"Every urinal has no-flush technology if you just don't care."

@rosemcgowan

"In London! Yippee"



@Joan_Rivers



"I asked my grandson, Cooper, if he knew where babies came from. Very smart! He said, 'Of course...Brad and Angelina's house.'"

that," Duff tells MTV News. Good day or bad, Duff has her suspicions about the baby's gender. "Everyone else says it's a girl, but I think it's a boy. I'd be happy with a girl. I don't care what I get, but every time I think about it or dream about it, I see a boy," she says. ● METRO

IN THEATRES OCTOBER 21

YOU COULD WIN A FAMILY PASS FOR FOUR TO SEE THE THREE MUSKETEERS

VISIT clubmetro.com TO ENTER

To register and for full contest details visit clubmetro.com

LOVE TO PLAY?

Get more Metro puzzles and games on your iPhone with the FREE Metro Play app - updated daily!

Available on the App Store

Our hearty new fall menu is here.

Don't be afraid of the first months that end in R, celebrate them with our new fall menu. Discover how we've elevated comfort food to a new delicious level, with fresh takes on traditional recipes. Pair your selection with a perfect beer like Alexander Keith's Harvest Ale, a limited seasonal beer rich in colour and flavour. And embrace the fall.

From October 3rd until November 27th

restaurant + pub D'Arcy McGee's established 1996

Find us on facebook at: primepubs.com/facebook

D'Arcy McGee's is a registered trademark of Prime Restaurants Inc. Used under licence. © 2011 Prime Restaurants Inc.

THE FUTURE YOU CHANGE COULD BE YOURS

1 IN 9 WOMEN WILL GET BREAST CANCER IN HER LIFETIME.
ACT NOW TO REDUCE YOUR RISK OF BREAST CANCER.

LEARN MORE

Get informed about breast health and breast cancer risk reduction.

KNOW YOUR RISK

Talk to a health care provider about your personal breast cancer risk.

LOVE YOUR BODY

Enjoy a balanced diet with smaller portions for a healthier body weight.

BE ACTIVE

Aim for 30 minutes of moderate to vigorous physical activity every day.

RAISE FEWER GLASSES

Limit your alcohol intake to one drink or less per day.

BUTT OUT

Quit smoking. Don't start. Reduce your exposure to second-hand smoke.

THE PILL

Make informed choices about your use of hormones in birth control pills.

HORMONE THERAPY

Weigh the benefits and risks of taking HRT to treat symptoms of menopause.

GO CHEMICAL-FREE

Reduce your exposure to harmful chemicals at home and work.

SPREAD THE WORD

Share what you've learned with others.

TEAR OUT. HANG UP OR SHARE.



Canadian
Breast Cancer
Foundation
ONTARIO



LEARN MORE AND TAKE ACTION AT reduceyourbreastcancerrisk.com



3
life

Travel in brief



The South will rise again — at least on the New York City restaurant scene. According to the 2012 Zagat guide to city dining, Southern food tops this year's trends, thanks to newcomers like Marcus Samuelsson's celebrity magnet Red Rooster and The Cardinal, an East Village eatery dishing up okra, smothered pork chops and fried green tomatoes. Other trends include on-site gardens providing roof-to-table ingredients.

THE ASSOCIATED PRESS



Popular Sequoia National Forest trail in California park closed after two giant trees fall.

Shamrock and roll

► Matt Kelly is the drummer of the Dropkick Murphys, Boston's famous Irish-American punk rock band ► He shares his favourite spots for sports and soaking up Boston's Gaelic heritage



MATT KELLY
LIFE@METRONEWS.CA

I grew up 65 kilometres from here, so this is my capital city. My family all lives in the area — we're all New Englanders.

Where I live has a neighbourhood feel; you're in the city, but you know your neighbours and the kids all play hockey in

the street. I've been to a lot more U.S. cities that are a lot more sterile, and this town has more of an old-world feel.

There's a lot of history here. I like the people. It's a walking city so you can walk from place to place; it's not sprawled out. I've been everywhere in the world and I love coming back. It's a unique place in the U.S. and in the world.



► Boston is known for its strong Gaelic tradition.

First time?

There are tours you can take, from walking tours like the Freedom Trail as well as the Duck Tours that take you round the city then into the Charles River (bostonducktours.com). We have the USS Constitution, a ship that was used in the Civil War (ussconstitutionmuseum.org) near the monument where the battle

of Bunker Hill was fought. There's the Institute of Contemporary Art down by the waterfront (icaboston.org) and a wealth of great restaurants and bars and theatre in the south end and downtown.

The Faneuil Hall area is nice, especially if you're coming in the fall or winter. They really dress it up for Christmas.

TIM GRAFFT/METRO



► USS Constitution

Stay

When our guys come to town they stay at Hotel Commonwealth.

It's on top of a spot where the Rathskeller Club used to be, which was where The Ramones played their first show in Boston.

So I have a little vendetta against them, only for that though, because I wish that we had the Rathskeller Club still.

Apparently the hotel treats the guys right. Check out the website at hotelcommonwealth.com.

Sports

Take a tour of Fenway Park, our baseball stadium, which I believe is the oldest in the country (boston.redsox.mlb.com).

Ken, our bass player, is involved with a place called McGreevy's. McGreevy was a fellow who owned the original sports bar down in the Fens around the turn of the last century and they resurrected that bar and it has a lot of decorations from the original bar — it's almost like a Red Sox and baseball museum



► McGreevy's has fantastic chicken wings.

with photos, trophies and banners. You can also get a good pint of

Guinness and fantastic chicken wings (mcgreevysboston.com).

Live music

There's great independent clubs here, like the Middle East café (middleeastclub.com), O'Brien's (obrienspubboston.com), and The House of Blues, with live music every day of the week (houseofblues.com). Great Scott is one of my favourites. There's a lack of mid-sized clubs and it holds about 250, so it's great for bands that are just breaking out of the bar scene. Every night of the week you can find live music (greatscottboston.com).



► House of Blues

Cowichan Valley a bit of paradise

THE TRAVELLIN' CANADIAN

DARREN PARKMAN
TRAVEL@METRONews.CA



Who knew unassuming Vancouver Island is actually becoming world-class wine country, with quality grape-growing soil rivaling that of Italy and Northern France?

After arriving in picturesque Cowichan Valley, I was shocked to learn there are nearly 20 first-class boutique-style wineries in the area. It almost resembled Napa Valley as I drove past

rolling hills of well-groomed vines. In fact, with its warm summers and trademark wet and mild B.C. winters, the area is perfect for growing Pinot Noir and Pinot Gris Grapes, which is why new wineries are sprouting up every year.

Cowichan Valley itself is a great little paradise nestled among towering old growth forests, quiet beaches and meandering rivers. Combine that with some good vino and you've got yourself a winning combination.

Centrally located between Victoria and Nanaimo, there is also no shortage of outdoor fun. I found myself surrounded by curious seals one morning as my one-man kayak skimmed the calm Pacific Ocean in front of the cosy

Ocean Point Hotel in Cowichan Bay. These friendly little guys (almost looked like a pack of puppies poking their heads up) were all around my vessel. It was a very cool way to spend a morning.

No trip to wine country would be complete without sampling the product. I was impressed by my visit to several wineries in the area, including Averill Creek vineyards, which happens to be the largest on the Island. I found myself sipping a very palatable Pinot Noir reserve on the slope of Mount Prevost, while taking in the spectacular view of Cowichan valley. It felt like I was sitting in Napa, only without the pomp and the prices. Nothing like a relaxing weekend exploring the best kept secret in B.C.



► Cowichan Valley is home to nearly 20 first-class boutique wineries.



► There is no shortage of outdoor fun in Cowichan Valley.



FLIGHT CENTRE® Unbeatable

Airfares

Paris
\$94*

Travel Nov 8 - Nov 18/ts + taxes & fees \$485

Toronto
Travel Oct 28/ac one-way **\$49**
+ taxes & fees \$50

Orlando
Travel Oct 29 - Nov 11/ts + taxes & fees \$209

Panama
Travel Oct 24 - Oct 31/wg + taxes & fees \$322

Jamaica
Travel Oct 25 - Nov 3/wg + taxes & fees \$359

Vancouver
Travel Oct 26/ac one-way **\$199**
+ taxes & fees \$82

Calgary
Travel Oct 26/ac one-way **\$219**
+ taxes & fees \$85

New York
Travel Oct 18 - Nov 1/dl + taxes & fees \$126

Boston
Travel Nov 16 - Nov 23/ua + taxes & fees \$122

Buenos Aires
Travel Nov 7 - Nov 16/co + taxes & fees \$558

Rio de Janeiro
Travel Nov 16 - Nov 30/ua + taxes & fees \$427

Canada & USA

Montreal 2 Nights 4-Star
\$159

Hotel Le Cantile Suites + taxes & fees included
INCLUDES central accom near shopping.
Departs Oct 20, 25, 28/ggv. **ADD** greater Montreal tour for \$56.

New England Fall Colours
Air + Car + taxes & fees \$122

INCLUDES roundtrip airfare from Montreal to Boston and 7-day car rental. Departs Oct 18/ggv/dl.

Miami Air + 3 Nights
Marco Polo Beach Resort + taxes & fees \$138
INCLUDES resort-style accom along Miami Beach.
Departs Oct 17, 22/ggv/dl. **ADD** Everglades airboat for \$68.

Cruise & Stay

Orlando
Air + 3 Nights + 4-Night Cruise **\$549***
Carnival Sensation, Champions World Resort + taxes & fees \$360
INCLUDES roundtrip airfare from Montreal, 3 nights accom near theme parks and 4-night cruise sailing roundtrip Port Canaveral visiting Freeport and Nassau. Departs Nov 13/ccl/ggv/ts. **UPGRADE** to oceanview stateroom and 4-star Melia Orlando Hotel at Celebration for \$30 per night.

Walt Disney World Resort

FREE*
Disney Dining Plan

For a limited time, purchase a Magic Your Way package at select Walt Disney World Resorts and get the Disney Dining Plan FREE!*

Disney's Value Resort **\$589***
Disney's All Stars Resort + taxes & fees \$107
FREE Quick Service Dining included.

Disney's Moderate Resort **\$689***
Disney's Port Orleans + taxes & fees \$107
FREE Disney Dining Plan included.

Disney's Deluxe Resort **\$869***
Disney's Animal Kingdom Lodge + taxes & fees \$107
FREE Disney Dining Plan included.

Disney's Deluxe Villa Resort **\$999***
Disney's Beach Club Villas + taxes & fees \$107
FREE Disney Dining Plan included.

Packages include: Airfare, 5 nights accom and 5-day Walt Disney World Resort Magic Your Way Base Ticket. Prices are per person based on a family of 4. Departs Nov 12-17, 2011/ggv/dl.

WALT DISNEY WORLD
Resort in Florida

All-inclusive Vacations

Puerto Plata
7 Nights 3.5-Star
\$266*

Allegro Puerto Plata + taxes & fees \$403
Departs Nov 10/nol/c6. **UPGRADE** to the 5-star Riu Bachata for \$20 per night.

Varadero 7 Nights 4-Star **\$325**
Mercurio Playa de Oro + taxes & fees \$275
Departs Nov 9/swg/wg. **UPGRADE** to the 5-star Riu Varadero for \$40 per night.

Jamaica 7 Nights 4-Star **\$535***
Holiday Inn Sunspree + taxes & fees \$364
Departs Nov 12/nol/c6.

Mayan Riviera 7 Nights 4-Star **\$559**
Santos Caracol + taxes & fees \$320
Departs Nov 10/sqv/ws. **UPGRADE** to the 5-star Grand Sirenis Riviera Maya for \$46 per night.

St Maarten 7 Nights 4-Star **\$755**
Sonesta Maho Beach + taxes & fees \$330
Departs Nov 6/swg/wg.

St Lucia 7 Nights 4-Star **\$1514**
Smugglers Cove Resort and Spa + taxes & fees \$164
Departs Oct 29/acv/ac.

LOWEST AIRFARE GUARANTEE
We will beat any airfare quote or you fly free!



1 866 827 2214



Join our Insider Club for hot deals. Text YOW to 131 600



flightcentre.ca



Visit us in store.

Conditions apply. Ex: Ottawa. *Ex: Montreal Air only prices are per person for return travel unless otherwise stated. Package, cruise, tour, rail & hotel prices are per person, based on double occupancy for total length of stay unless otherwise stated. All-inclusive vacations include air. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. Price is per person for quad occupancy (2 adults & 2 children ages 2-17). *Price is per person for quad occupancy (2 adults, 1 junior age 10-17 & 1 child age 3-9). *For full terms & conditions speak with a Flight Centre consultant or visit www.flightcentre.ca/campaigns/disneyworld. As to Disney artwork, logos and properties: ©Disney. c6=canjet, wsl/wsv=westjet, aa=american, ua=united, ggv=gogo, swg/wg=sunwing, acv/ac=air canada, vat/ts=transat, thn=holiday network, nol=nolights. † We will beat any written quoted airfare by \$1 and give you a \$20 voucher for future travel. "Fly Free" offer applies only where all "Lowest Airfare Guarantee" criteria are met but Flight Centre does not beat quoted price. Additional important conditions apply. For full terms and conditions visit www.flightcentre.ca/lowestairfareguarantee-flyfree. Head office address: 1 Dundas St W Suite 200, Toronto, ON. Call for retail locations. ONT. REG #4671384

Drink of the week

The Canadian Mint

- 10 loose mint leaves, plus extra for garnish
- 15 ml (1 tbsp) simple syrup (recipe follows)
- 45 ml (3 tbsp) Canadian whisky
- 90 ml (3 oz) hot water

Place mint in heat-proof glass. Add syrup and mud-dle gently. Add whisky and top with boiling water. Stir and serve with mint sprig.

To make simple syrup: Bring equal parts sugar and water to a boil. Stir to dissolve and then let cool.

THE CANADIAN PRESS/ GIBSON'S FINEST CANADIAN WHISKEY



**Every day
27 Canadians
are diagnosed
with a brain
tumour.**

**Symptoms can
include:**

**Blurred or
double vision**

Weakness

**Personality
changes**

**Morning
nausea and
vomiting**



braintumour
foundation
OF CANADA

braintumour.ca/BTAM
1-800-265-5106

TV's Stefano Faita keeps it simple in the kitchen

► The host of *In the Kitchen With Stefano Faita* shares his recipes for Creamy Mixed Mushroom Lasagna and Grandma's Apple Cake ► Puts emphasis on easy and fresh eats

Creamy Mixed Mushroom Lasagna

This lasagna, made with creamy bechamel sauce, is indulgent. "I love all kinds of mushrooms, so it's a nice lasagna with all the mushrooms and bechamel and cheese. It's pretty simple but really delicious," says Stefano Faita, host of CBC-TV's weekday afternoon show *In The Kitchen with Stefano Faita*.

He adds that it's a great entrée to serve to friends at a dinner party.

Preparation:

- 1 In saucepan, melt butter over medium heat. Add flour and stir to combine to make a roux. Continue to cook and stir, 2 to 3 minutes. Gradually whisk in milk, making sure to incorporate the roux into milk. Continue to whisk mixture and bring to a boil. Reduce heat and simmer, whisking frequently, until sauce is thickened, about 10 minutes.
- 2 In bowl, soak dried mushrooms in warm water for 20 mins. Drain. Chop and set aside.
- 3 Heat 2 large skillets over medium heat. Add 30 ml (2 tbsp) olive oil and 30 ml (2 tbsp) butter to

each pan. Divide onion and garlic between 2 pans. Cook until they begin to soften, 2 to 3 minutes.

- 4 Increase heat to medium high and divide fresh mushrooms and chopped herbs between the 2 pans. Sauté mushrooms until golden brown, 8 to 10 minutes. Add chopped dried mushrooms and continue to cook for 2 minutes. Deglaze pans with white wine and cook until most of the wine has evaporated.

- 5 Heat oven to 190 C (375 F). Then in a large saucepan of boiling salted water, cook sheets of lasagna in batches, 3 to 4 sheets at a time, until al dente. Immediately plunge them into cold water to stop the cooking process and transfer to a clean towel in a single layer to drain.

- 6 Butter 20-by-30-cm (8-by-12-inch) baking dish.

- 7 To assemble lasagna: Add a few tablespoons of bechamel to lightly cover bottom of baking

dish. Add, in layers, 2 lasagna sheets, about a quarter of the mushroom mixture, a quarter of the remaining bechamel sauce, 30 ml (2 tbsp) grated Asiago and 30 ml (2 tbsp) grated Parmesan cheese. Repeat 4 times, adding cheese every other layer. For the top layer, finish with just grated cheese, about 125 ml (1/2 cup) of Asiago and 125 ml (1/2 cup) of Parmesan cheese. Add more cheese if you like.

Ingredients:

Bechamel Sauce

- 75 ml (1/3 cup) butter
- 75 ml (1/3 cup) plus 15 ml (1 tbsp) flour
- 1.25 l (5 cups) milk
- Salt and freshly ground pepper, to taste

Lasagna

- 60 g (2 oz) dried porcini mushrooms
- Extra virgin olive oil
- Butter
- 1 medium onion, chopped
- 2 garlic cloves, minced
- 1 kg (2 lb) fresh mixed mushrooms, such as cremini, shiitake and oyster
- 15 ml (1 tbsp) chopped fresh rosemary
- 30 ml (2 tbsp) each chopped thyme and sage
- 75 ml (1/3 cup) plus 15 ml (1 tbsp) white wine
- Salt and freshly ground pepper, to taste
- 10 fresh lasagna sheets
- 250 ml (1 cup) each grated Parmesan and Asiago cheese
- 30 ml (2 tbsp) chopped fresh parsley

- 8 Bake the lasagna until filling is hot and bubbling and cheese is golden brown, 30 to 35 minutes. Let lasagna rest 10 minutes before cutting. Sprinkle with parsley and serve.

THE CANADIAN PRESS



► This recipe makes eight to 12 servings.

Grandma's Apple Cake

Faita's grandmother looked after him and his sister when they were growing up and he has fond memories of this cake. "She used to make this apple cake every

week. I would have it as a snack when I got home from school," he says.

Preparation:

- 1 Heat oven to 180 C (350 F). Grease 20-cm (8-inch) round cake pan with butter; dust with bread-

crumbs to coat bottom and sides. Set aside.

- 2 In bowl, combine flour, cinnamon and baking powder. Set aside. In a mixing bowl, beat brown sugar and butter until fluffy. Add eggs

one at a time and continue to beat until incorporated and smooth. Add yogurt, lemon zest and orange juice. Continue to beat until batter is smooth.

- 3 Stir flour mix into wet mix a little at a time until batter is smooth. Gently fold in apples, raisins and almonds.

- 4 Scrape cake batter into prepared pan. Bake until cake springs back when touched and cake tester comes out clean, 40 to 45 minutes.



► This recipe serves six.

- 5 Serve with butterscotch sauce and vanilla ice cream, if desired. Alternatively, simply dust with icing sugar.

THE ASSOCIATED PRESS

'We all have to start somewhere'

STUDENT VOICE

KRYSTAL YEE
TALENTEGG.CA

I graduated in 2006 from the Applied Communication Program at Camosun College in Victoria, B.C. It is a two-year program focusing on graphic design, journalism, broadcast radio, television and photography.

During my program, it seems so cliché to say that I worked hard, but I worked harder than I ever have before because I knew that once I left school with my two-year diploma, I'd probably have to be twice as employable as the graduate who held a degree.

My strategy from the first day of school was to focus on a marketing career. So even though I didn't



► Krystal Yee

n't take a marketing program, all of the skills I was learning were directly applicable to any job within the marketing realm.

My passion has always been writing, but I did not want to specialize in anything and potentially pigeon-hole myself before I even landed my first job. So by opening up my skill-set I felt like I could fit into whatever position was needed within a large marketing department, or I could be the go-to person within a smaller company.

Like most students, once I graduated, I had a huge pile of student loan and credit card debt to deal with. I knew I needed to get a job and eliminate my

debt as fast as possible, so I kept my ear to the ground and started networking like crazy.

One day, I got word from a friend that there was an unadvertised opening for an entry-level clerk position within the provincial government. I wasn't interested in being a clerk, but I decided to apply for the job anyway in order to practice my interview skills.

It turns out they were actually looking for someone with my kind of marketing skills — they just didn't have the budget to have the position classified as anything higher than a clerk. It was the break that I had been waiting for. I

snapped up the job on the spot and started the very next week.

It was also around that time that I started blogging online. I created my website, Give Me Back My Five Bucks (givemebackmyfivebucks.com), as a way to hold myself accountable for my debt, and to give myself an outlet for writing. It was because of my blog that I was able to eliminate all of my debt within 12 months.

Even though I only have a two-year diploma, I feel like I have been relatively successful in the last five years. I don't have any remarkable skills, a huge network of influencers, or a lot of education to back me up but I've been able to succeed because of my hard work, determination, and the ability to create opportunities for myself.

Where Krystal is now

I am currently living in Vancouver and working full-time in marketing for Mustang Survival Corporation — a company that manufactures and designs life jackets and cold water survival gear. I am also a freelance personal finance writer. I write a column called 20-something & Change at Moneyville.ca (a subsidiary of the Toronto Star), contribute weekly to Canadian Living and write on my own website, Give Me Back My Five Bucks.

When you are fresh out of school, all you need to focus on is getting your foot in the door. Normally, entry-level positions are not glamorous. In fact, it might not look anything like the dream job you've been imagining — but that's OK! We all have to start somewhere. Do a good job with every task you are assigned, work hard, and be proactive in asking for more responsibility.

TALENTEGG.CA, CANADA'S ONLINE

CAREER RESOURCE FOR STUDENTS AND RECENT GRADS, WANTS TO HEAR YOUR STUDENT VOICE. SHARE IT AT TALENTEGG.CA.

Change Your Career Become an OSTEOPATH

- 4 months FT or 9 months PT
- zero unemployment rate
- average osteopath income: \$90,000/yr
- student loan available
- classes held in Ottawa

NationalAcademyofOsteopathy.com

Toll Free: 1-877-550-6550



What I learned

Key take-aways from Krystal's experience.

- Don't refuse a job because it doesn't sound like your dream job — it can lead you there.
- Finding a job in a competitive market means you have to stand out and work hard.
- Start thinking about your career even from your first year of university or college.

GET CAREER READY IN LESS THAN ONE YEAR!



DIPLOMA PROGRAMS IN:

BUSINESS

Accounting and Payroll Administrator

- 38 wk program
- Canadian Payroll Association (CPA) endorsed
- multiple accounting employment opportunities

Paralegal

- Accredited by the Law Society of Upper Canada
- 44 wk program including 4 wk co-op work placement

Travel Counsellor Online

- study on your time, from anywhere
- CITC endorsed

ALGONQUIN CAREERS ACADEMY

1830 Bank Street 613-722-7811 www.algonquinacademy.com

Fast Track French

The Fast Track French programs offer adults who wish to learn French as a second language an opportunity to learn in a French environment.

STARTING THIS FALL in continual enrollment mode

- Intensive 8 week (45-hour) classes:
 - Blended learning modules comprised of 21+ hours of online training and 24 hours of in-class conversation (once a week)
- Intensive 3 week morning (45-hour) classes:
 - 15 hours a week of in-class instruction
- Current Event Conversation Classes 15 weeks:
 - 3 hours a week intermediate and advanced levels

Please check our online guide for schedules and pricing on page 66: www.lacitecollegiale.com/formationcontinue.htm and click on:

Téléchargez en format PDF le guide des programmes et cours offerts cette session.

For more information, contact: Michelle Hill, mhill@lacitec.on.ca or visit: www.lacitecollegiale.com/formationcontinue.htm

EP-11-008

la cité collégiale

Le Collège des meilleures pratiques

metroottawa

metronews.ca

WEDNESDAY, OCTOBER 12, 2011

Zombies

Unearthed!



► Participants in the 2010 zombie walk in Ottawa.

Zombie love is a no-brainer

► Move over, vampires ► Zombies are everywhere and rising in popularity ► Soon to be kings of the undead



PHYLICIA TORREVILLAS
@METRONEWS.CA

Sparkly vampires are all the rage right now, but zombies are knocking their fellow legions of the undead from their pedestal.

From zombie walks being held in cities across the world to television shows, video games and numerous books hitting the stores, people's fascination with zombies is spreading like a plague.

"Zombies have the upper hand," says University of B.C. film studies profes-

sor Ernest Mathijs, whose specialties include horror and fantasy film.

"Zombies are a kind of ingredient you can add to any cultural product and make it look slightly different," he said. "It will turn it into a funny parody of contemporary cultures, and somehow that appeals to cultures across the globe."

The idea of zombies originally came from the voodoo culture in Haiti. The word "zombi" was used to describe a brainless slave labourer raised from the dead by a bokor, or sorcerer.

"If zombie narratives go further in investing zombies with some capacity for personality and depth of characterization, it will probably come closer to being a variance on vampire stories."

PROF. GISELE BAXTER, UNIVERSITY OF BRITISH COLUMBIA

The now-familiar modern zombie was popularized and turned into a phenomenon in 1968 by way of the unexpected popularity of director George Romero's low-budget horror classic *Night of the Living Dead*.

Gisele Baxter of UBC's English department, who specializes in gothic cul-

ture and post-apocalyptic fiction, says Romero's film took the horror genre one step further.

"Romero was influential in spawning everyday horror that doesn't deal with mad scientists or externalized threats, but deals with threats we associate with nightmares, personal threats and very primal

fears," she says.

The audience identifies with zombie stories because people today are fascinated and fearful of the possibility of an apocalypse, widespread annihilation or a viral pandemic, Baxter says.

The metaphorical possibilities and themes inherent in zombie stories also appeal to modern filmmakers because they can experiment with notions of what people would do to survive in a kill-or-be-killed world.

Both Mathijs and Baxter have been fascinated by the emergence of new, creative

ways of incorporating the zombie factor into popular culture. One recent innovation is the spoof novel *Pride and Prejudice and Zombies*, which is being adapted into a film.

"When you think of *Pride and Prejudice*, the last thing you think about is zombies," Baxter says. "The juxtaposition of these immensely different things really fascinated people. Then it spawned a lot of copycat titles, which is very impressive because people found the energy and imagination to do anything with these titles."

Ottawans, reach for your most ghoulish garments

A dire warning about zombies from Mayor Jim Watson has reached the offices of Metro News:

"Zombie apocalypses are hardly predictable and they spread quickly because, let's face it, zombies only care about eating ... your brains. So, it's important to be ready with an emergency kit of rations and a well-thought escape plan. Don't get caught unprepared because even

though they move slowly, the undead are deadly in groups," reads the firmly tongue-in-cheek email.

But it seems Ottawa zombies care a little more than your run-of-the-mill undead horde. On Oct. 22 the city's annual zombie walk will be collecting non-perishable food items for the Ottawa Food Bank in addition to the traditional braiiinnnnnnns.

"Most zombie walks in

North America have a charitable element to them," said walk organizer and self-styled "zombie queen" Bryony Etherington. "We've arranged to have a food-bank van on site at MacDonald Gardens Park so people can bring their donations."

Walkers are to assemble from 1:30 to 3 p.m. at the park, where makeup services, hearse rides and other fun activities will be on

tap.

At 3 p.m. the walk will start moving north on Coburg Street toward the ByWard Market. After meandering through the market, the zombies will lurch south through the U of O campus before heading across the Corktown bridge and north again to their final resting place at Parliament Hill.

"We had about 700 to 1,000 people last year on

the Hill," said Etherington. "I'm expecting about 1,000 this year."

Already 1,300 people have confirmed their attendance on the walk's Facebook page.

Etherington says the popularity of the event may be in part due to the explosion of zombie and vampire culture in popular media. But she also suspects the walk may appeal to everyone's inner kid.

"It's a family event, but I think the real appeal is it's really a way for people who are out of the trick-or-treating age to have a fun Halloween event."

For more, visit ottawa-zombiewalk.com.

● SEAN MCKIBBON



Check out a zombie-walk photo gallery at metronews.ca/zombies

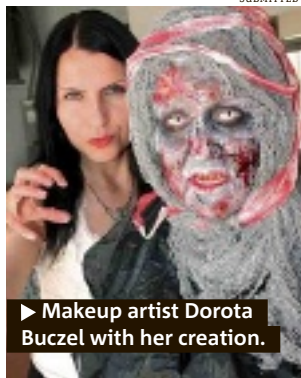
Zombify your look for Halloween

► Achieving a gory zombie look — complete with sunken eyes and rotting flesh — may seem like an daunting task ► But professional makeup artist Dorota Buczel shows you how to pull it off in five easy steps

PHOEBE HO/FOR METRO

Do you want to look like you just stepped off the set of Night of the Living Dead this Halloween? You'll need: liquid latex, tissue paper or cotton balls, multi-colour makeup kit (white, black, green), fake blood, white powder or baby powder, tooth stain, charcoal powder, brushes and a sponge.

SUBMITTED



► Makeup artist Dorota Buczel with her creation.



Step 1

Apply liquid latex over clean skin to create the effect of peeling skin and wounds. For a more dramatic effect, you can mix cotton or pieces of tissue paper with latex. Once the latex dries, start peeling the edges to get the desired effect.



Step 2

With a makeup sponge, add a grey or greenish cream makeup base to the entire face, neck and any other exposed skin. All areas of flesh must be covered in makeup. Pay close attention to the jawline, hairline and hands.



Step 3

Use the black or dark grey colour from the multi-colour makeup kit and apply shadows with a sponge or brush around the eyes and cheekbones to achieve a sunken-in look.



Step 4

Add fake blood for desired effect and apply tooth stain.



Step 5

To create wrinkles and creases, squint and pucker up your lips while you apply white powder around your eyes and lips with a sponge.



BRAAAAINS!



We picked metropolitans' brains about zombies, and here's what they had to say:

The best Zombie Movies ever made were:

Night of the Living Dead

Shaun of the Dead

Resident Evil



If you were faced with it — what would your weapon of choice be to fend off a Zombie attack?

1. Flamethrower
2. Lightsaber
3. .22 cal Assault Rifle

Top Canadian Metro City to escape to in a Zombie apocalypse?

Vancouver!

Which Canadian would make for the scariest Zombie?

Don Cherry

If a loved one was being mauled by a Zombie horde, what would you do?

Help fight off the Zombies with my weapon of choice

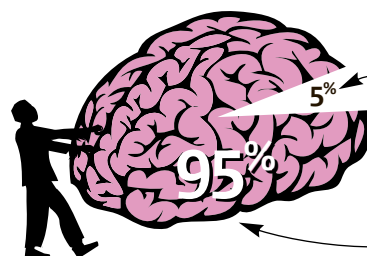
63%

Kill them before they turn into a Zombie

29%

Turn tail and run for my life!

8%



In a Zombie apocalypse, would you go it alone or build a team?

Solo Team

If you were part of a team, what role would you play?

The Strategist
Sidekick
Team Leader

Who would you want on your Zombie fighting team?

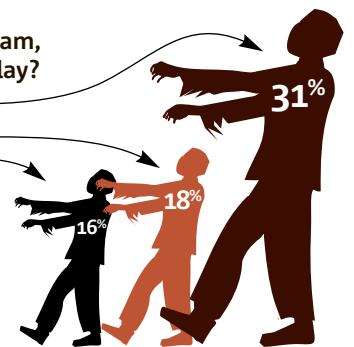
1. Chuck Norris
2. Samuel L. Jackson
3. Lara Croft

What is your favourite type of Zombie?

Slow-moving Zombie

Where would be the scariest place to fight a Zombie horde?

Airplane



Metropolitan Panel is an online research panel dedicated to dialogue with you! When you participate, your voice joins thousands of others in 14 countries. Sign up for the panel at metropolitanpanel.ca, choose your country and join the global conversation!

Source: Metropolitan Panel Survey; 439 Respondents; October 2011

Join TODAY at
metropolitanpanel.ca

Metropolitan
Panel

ZOMBIE
APPROVED

SURVIVE A ZOMBIE OUTBREAK

► Just in case you happen to find yourself face-to-face with the undead, here's what you shouldn't do



CHRIS ALEXANDER
SCENE@METRONOVS.CA

It's remarkable how the living dead have defined the post-millennium zeitgeist more than any other pop-culture entity.

From Max Brooks' best-selling novel *World War Z* (an upcoming film adaptation will star Brad Pitt) to a glut of first-person shooter videogames to mainstream television with AMC's *The Walking Dead*, the zombie has mysteriously reached the peak of his popularity.

But most of this can be traced back to one man, the master of zombie lore, George A. Romero.

It was Romero who, in 1968, took the basic thrust of Richard Matheson's shattering vampire apocalypse novel *I Am Legend* and brought the dead back to life with his masterpiece *Night of the Living Dead*.

That film would spawn a series of rip-offs, sequels and



► George Romero

eventually spoofs like Edgar Wright's smash-hit comedy *Shaun of the Dead*.

If, by some sort of biologically bad stroke of viral luck, mankind were to suddenly be under siege from a revolution of the dead ... what would we do?

Metro thought long and hard about this and, using commentary from George Romero and his frequent collaborator, iconic FX wizard, director and actor Tom Savini, we now offer you a selection of "do nots" in the face of a potential zombie-geddon.

Do not. Attempt to out-swim the dead



► Land of the Dead

Zombies aren't bears. As a few unfortunate characters in Romero's 2010 horror-western *Survival of the Dead* discover, they aren't afraid of the water.

When rogue SWAT cops go for a dip to escape the ghouls, they soon discover the dead — who, remember, don't breathe — are excellent swimmers and have no problem eating whilst underwater.

Romero: I had under-

water zombie stuff in *Land* and *Diary* but really played with it here. There is a lot of humour in *Survival*, but it's also really melancholic, less free-and-easy. Though at this stage of my life, I'm thinking of calling the next one — if there is a next one — *Enough of the Dead!*

Savini: Forget swimming. I go where there are places to run and things to hide behind, maybe up high, where I can blast away at them and they can't get to me.

Do not. Take the elevator

In Romero's incredibly influential 1978 epic *Dawn of the Dead*, a handful of survivors land their helicopter on the roof of Pittsburgh's Monroeville Mall and block out the corpses, creating a Shangri-la of material bliss.

But when the ghouls gain entrance as they always do, chopper pilot Fly Boy (David Emge) stupidly takes the lift. And when those doors open up, a horde of flesheaters burst in and ride with him. The following scenes are gory and should serve as a warning to potential zombie survivalists to always take the stairs.

Romero: *Dawn* is a romp, and I think it's the most entertaining of all the *Dead* films. I really cut loose and did it as "comic book," as I wanted to do it.

But when Fly Boy gets it there's tragedy in there too.

Savini: The other thing *Dawn* teaches you is that your friends should not know where the hell you're hiding, just in case they become zombies with good memories.

See also: *Resident Evil* (2004), in which military types take an elevator to hell and encounter subterranean zombies of both human and canine persuasions.



► Survival of the Dead

MONSTER HALLOWEEN

OVER 10,000 COSTUMES STARTING AT \$14.99

SEXY COSTUMES, CONTACT LENSES, ZOMBIE GEAR & MORE!

Blowout **BOGO** Savings

50% OFF
Purchase of second costume

*See our Monster Website for Store Locations & details

Ottawa Halloween headquarters

*Hurry - offer ends soon!!



2940 Baseline Rd
Nepean West/Ottawa/Ontario
(Between Richmond Road and Greenbank)



1558 Merivale Rd
Nepean East/Ottawa
(Between Bosche and Meadowlands across from Zellers)



1060 Ogilvie Rd
Gloucester/Ottawa East
(Near St. Laurent Mall at Ogilvie and Cyrille)



110 Place d'Orleans De
Orleans/Blackburn
(On the Place d'Orleans Mall next to The Bay)

WWW.MONSTERBLOWOUT.COM





► The Walking Dead

Do not. Marginalize or exploit the dead

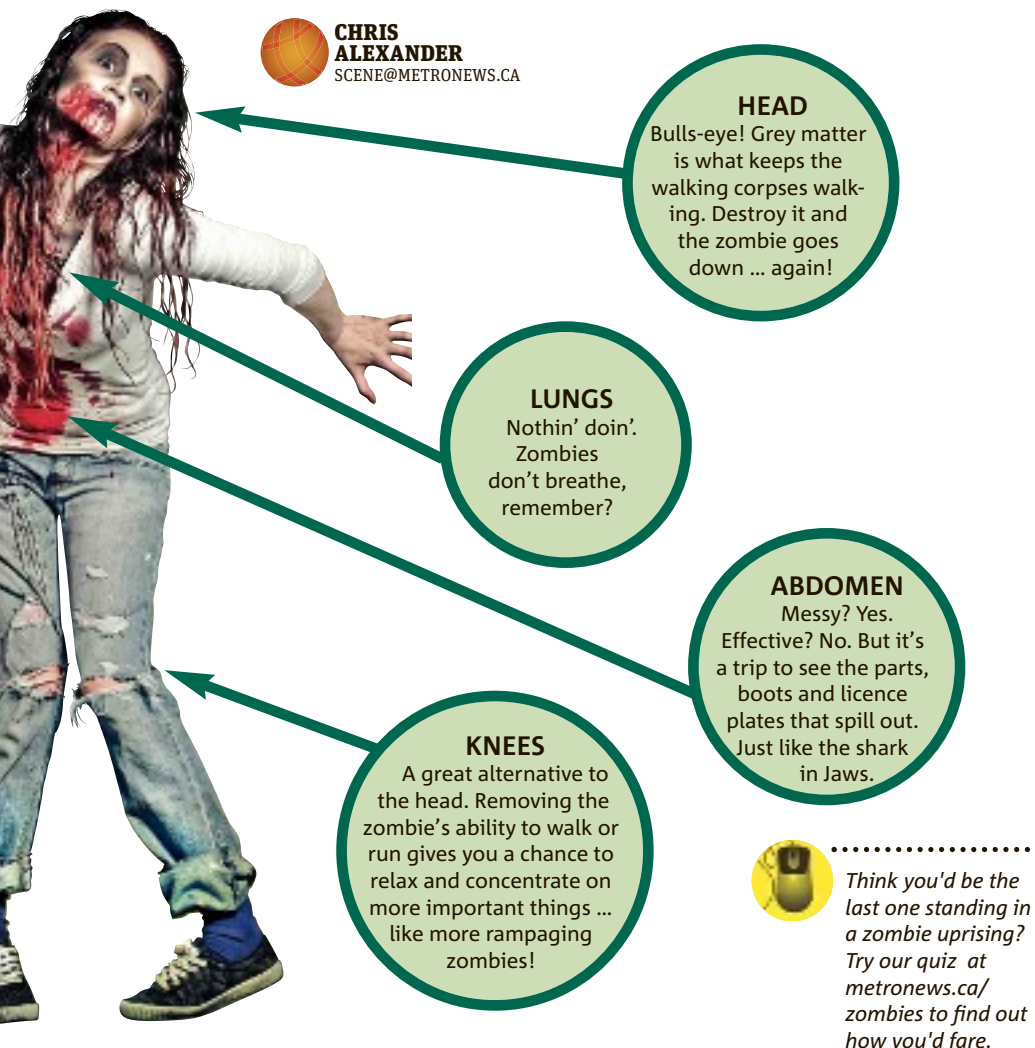
Romero's post-Dawn remake comeback, 2005's *Land of the Dead*, saw the late Dennis Hopper as a capitalist swine who allows his fellow Republicans to hide in his multimillion-dollar condo while the dead population are hunted and slaughtered beyond his electrified fences. When a burly undead gas-station attendant named Big Daddy (Eugene Clark) tires of seeing his "people" treated as target practice, he leads the zombies into an all-out class struggle attack against their moneyed oppressors.

Romero: I think (*Land*) was the first time mainstream American critics saw the satire of my work, and I owe it all to George Bush! I think it's all there when Hopper says the line: "We do not negotiate with terrorists."

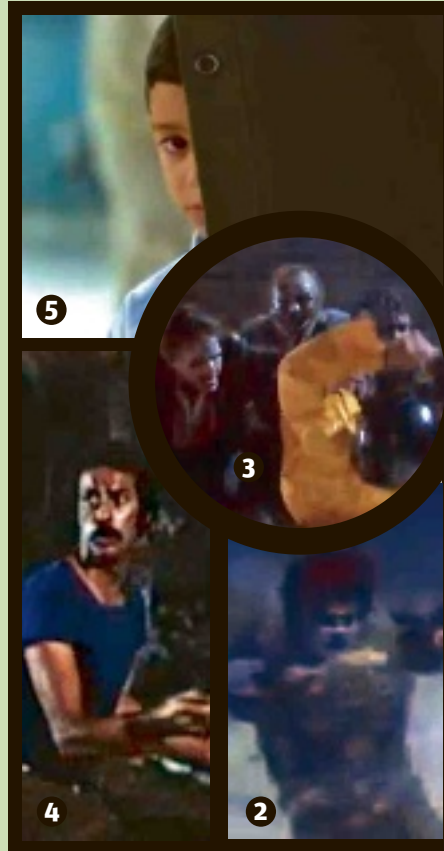
Savini: I played a machete-wielding zombie in *Land*, and George's direction was simple: "Slam the s-t out of the guy who comes up to me." So I did.

See also: *The Omega Man* (1971), in which a zombie-like cult of blinded ghouls try to kill any reminder of corporate America, including sole survivor Charlton Heston.

ANATOMY OF A GHOUL



Top 5 zombie flicks



5

They Came Back (2004)
Moody, masterful French chiller about the dead returning and trying to re-integrate themselves into their old lives and families.

4

Tombs of the Blind Dead (1971)
This Spanish shocker sees rotten, long-dead, blind templars crawling through crypts, listening for their prey.

3

Return of the Living Dead (1985)
What begins as a spoof of Romero's films slowly evolves into a blood-and-brains-soaked nightmare.

2

Zombie (1979)
The unofficial Italian prequel to Romero's *Dawn*, made by splatter master Lucio Fulci. Insane, delightfully disgusting.

1

The No. 1 pick (released in 1978) is fierce, funny and melancholy. To find out its title — and to see clips from all five films — visit metronews.ca/zombies.

CHRIS ALEXANDER, EDITOR-IN-CHIEF OF HORROR FILM MAGAZINE FANGORIA



4
sports

Quoted



“It’s the same as usual — I feel good. It went good today and I’m excited to be home.”

SIDNEY CROSBY. CROSBY WENT THROUGH ANOTHER PITTSBURGH PENGUINS MORNING SKATE WITHOUT CONTACT YESTERDAY AS HE CONTINUES TO RECOVER FROM A CONCUSSION.



Scan code for more sports news.

A happy anniversary

◆ Alfredsson scores shootout winner as Senators beat Wild 4-3 in their 20th home opener

The Ottawa Senators celebrated their 20th home opener in style as Daniel Alfredsson scored the shootout winner in a 4-3 victory over the Minnesota Wild yesterday.

Nick Foligno, Chris Neil and Colin Greening scored for the Senators (1-2-0) in regulation while goaltender Craig Anderson stopped 24 shots.

Greening tied the game on the power play 8:22 into the third to force extra time after digging the puck out from his feet and getting a quick wrist shot past Minnesota goaltender Niklas Backstrom.

Kyle Brodziak, Devin Setoguchi and Nick Johnson scored for the Wild (1-2-0), while Backstrom made 41 saves.

For the third straight game the Senators found themselves trailing early as Brodziak gave the Wild a 1-0 lead before the halfway mark of the first period.

Setoguchi made it 2-0 for Minnesota with a power-play goal with less than one minute remaining in the first period. Dany Heatley, who was booed all night, picked up an assist on the goal. It was Heatley's second game back in Ottawa since asking to be traded in the summer of 2009.

Both teams looked flat



to start the second as the Senators failed to register a single shot on its power play, but Ottawa found some energy by the half-way mark and outshot the Wild 13-2.

Foligno picked up his first of the season as he dug the puck from out front and knocked it in to make it 2-1. Peter Regin, playing his first regular season game since last February, picked up an assist.

Johnson made it 3-1 minutes into the third. David Rundblad, playing his first NHL game, did his best to stop the puck from crossing the line, but the replay showed it had already fully crossed the goal-line.

The Senators made it 3-2 on a goal by Neil that was initially waved off, but was then allowed after a review.

THE CANADIAN PRESS



► Mika Zibanejad battles with Dany Heatley of the Wild last night.

After early struggles, Broncos turn to Tebow

It's officially Tebow Time in Denver.

Coach John Fox said yesterday he'll start Tim Tebow against the Miami Dolphins when the Broncos return from their bye week.

Tebow supplants Kyle Orton, who has struggled ever since winning the job with a spectacular training camp.

“Well, I think 1-4 has a lot to do with it,” Fox said. “We haven’t gotten it done



► Tebow

as a football team. It's not one guy. It's not all Kyle Orton's fault. But we do

have to make adjustments, we have to change and we have to do something to win football games.”

Tebow said he was “honoured to get this opportunity. I'm very excited. ... I just know that every day I'm going to come out here and practice every day I can.”

Orton said he was disappointed but vowed to support Tebow and the rest of his teammates.

THE ASSOCIATED PRESS

Sports in brief

Ticats, Argos swing trade

CFL. The Toronto Argonauts acquired import wide receiver Maurice Mann in a trade with the Hamilton Tiger-Cats on Tuesday.

In return, the Argos sent import defensive back Dee Webb to Hamilton along with a conditional draft pick in 2013.

Mann, 29, had two touchdowns and 346 yards for Hamilton this

season.

THE CANADIAN PRESS

Players look at suing Cherry

ENFORCERS. Former NHL players Stu Grimson, Chris Nilan and Jim Thomson are considering legal action over Don Cherry's rant about fighting in hockey.

They issued a joint statement early Tuesday morning calling Cherry's comments “damaging and inflammatory” and his attempts to qualify them “entirely ineffectual.”

THE CANADIAN PRESS

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Pittsburgh	3	2	0	0	1	10	8	5	0-0-0-0	2-0-0-1	2-0-0-1	L1
d-Washington	2	2	0	0	0	10	8	4	2-0-0-0	0-0-0-0	2-0-0-0	W2
d-Buffalo	2	2	0	0	0	8	3	4	1-0-0-0	1-0-0-0	2-0-0-0	W2
Toronto	2	2	0	0	0	8	5	4	2-0-0-0	0-0-0-0	2-0-0-0	W2
Philadelphia	2	2	0	0	0	5	1	4	0-0-0-0	2-0-0-0	2-0-0-0	W2
Tampa Bay	3	1	1	0	1	11	11	3	0-0-0-0	1-1-0-1	1-1-0-1	L2
Florida	1	1	0	0	0	2	0	2	0-0-0-0	1-0-0-0	1-0-0-0	W1
Montreal	2	1	1	0	0	5	3	2	0-0-0-0	1-1-0-0	1-1-0-0	W1
New Jersey	2	1	1	0	0	4	5	2	1-1-0-0	0-0-0-0	1-1-0-0	W1
NY Islanders	2	1	1	0	0	2	3	2	1-1-0-0	0-0-0-0	1-1-0-0	W1
NY Rangers	2	0	0	1	1	3	4	2	0-0-0-0	0-0-1-1	0-0-1-1	L2
Boston	3	1	2	0	0	5	4	2	1-2-0-0	0-0-0-0	1-2-0-0	L1
Carolina	3	0	2	1	0	6	13	1	0-1-0-0	0-1-1-0	0-2-1-0	L3
Winnipeg	1	0	1	0	0	1	5	0	0-1-0-0	0-0-0-0	0-1-0-0	L1
Ottawa	2	0	2	0	0	8	11	0	0-0-0-0	0-2-0-0	0-2-0-0	L2

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Detroit	2	2	0	0	0	8	3	4	1-0-0-0	1-0-0-0	2-0-0-0	W2
d-Dallas	3	2	1	0	0	6	7	4	2-0-0-0	0-1-0-0	2-1-0-0	W1
d-Vancouver	2	1	0	0	1	6	6	3	0-0-0-1	1-0-0-1	1-0-0-1	W1
Nashville	2	2	0	0	0	7	4	4	0-0-0-0	2-0-0-0	2-0-0-0	W2
San Jose	1	1	0	0	0	6	3	2	1-0-0-0	0-0-0-0	1-0-0-0	W1
Edmonton	1	1	0	0	0	2	1	2	1-0-0-0	1-0-0-0	1-0-0-0	W1
St. Louis	2	1	1	0	0	7	6	2	1-1-0-0	0-0-0-0	1-1-0-0	W1
Chicago	2	1	1	0	0	6	4	2	1-0-0-0	1-1-0-0	1-1-0-0	W1
Minnesota	2	1	1	0	0	5	4	2	1-0-0-0	0-1-0-0	1-1-0-0	L1
Los Angeles	2	1	1	0	0	5	6	2	1-1-0-0	0-0-0-0	1-1-0-0	L1
Anaheim	2	1	1	0	0	3	5	2	1-0-0-0	0-1-0-0	1-1-0-0	W1
Colorado	2	1	1	0	0	1	3	2	0-1-0-0	1-0-0-0	1-1-0-0	W1
Phoenix	2	0	1	0	1	4	8	1	0-0-0-0	0-1-0-1	0-1-0-1	L2
Calgary	2	0	2	0	0	5	10	0	0-1-0-0	0-1-0-0	0-2-0-0	L2
Columbus	3	0	3	0	0	6	10	0	0-2-0-0	0-1-0-0	0-3-0-0	L3

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results

Florida at Pittsburgh

Minnesota at Ottawa

Monday's results

Vancouver 3 Columbus 2

St. Louis 5 Calgary 2

Colorado 1 Boston 0

Dallas 2 Phoenix 1 (SO)

New Jersey 4 Carolina 2

N.Y. Islanders 2 Minnesota 1

Washington 6 Tampa Bay 5 (SO)

Tonight's games

All times Eastern

Colorado at Columbus, 7 p.m.

Vancouver at Philadelphia, 7:30 p.m.

Boston at Carolina, 7:30 p.m.

Tomorrow's games

Los Angeles at New Jersey, 7 p.m.

Tampa Bay at N.Y. Islanders, 7 p.m.

Washington at Pittsburgh, 7 p.m.

Calgary at Montreal, 7:30 p.m.

Colorado at Ottawa, 7:30 p.m.

Vancouver at Detroit, 7:30 p.m.

Phoenix at Nashville, 8 p.m.

Edmonton at Minnesota, 8 p.m.

Winnipeg at Chicago, 8:30 p.m.

St. Louis at Dallas, 8:30 p.m.

Friday's games

Carolina at Buffalo, 7:30 p.m.

San Jose at Anaheim, 10 p.m.

SCORING LEADERS

	G	A	PT
Kessel, Tor	3	2	5
Legwand, Nash	2	3	5
Vanek, Buf	2	3	5
Letang, Pgh	1	4	5
Skinner, Car	1	4	5
Kopitar, LA	3	1	4
Adam, Buf	2	2	4
C.Smith, Nash	2	2	4
Karlsson, Ott	1	3	4
Lupul, Tor	1	3	4
Pominville, Buf	1	3	4
Chimera, Wash	3	0	3
Alfredsson, Ott	2	1	3
Arnott, STL	2	1	3
Doan, Phx	2	1	3
Michalek, Ott	2	1	3
Prospal, Clb	2	1	3
St. Louis, TB	2	1	3
E.Staal, Car	2	1	3
Datsyuk, Det	1	2	3
Kovalchuk, NJ	1	2	3
Malone, TB	1	2	3
Marchand, Bos	1	2	3
Nash, Clb	1	2	3
Phaneuf, Tor	1	2	3
Plekanec, Mtl	1	2	3
Purcell, TB	1	2	3
D.Sedin, Vcr	1	2	3
J.Staal, Pgh	1	2	3
J.Carter, Clb	0	3	3
H.Sedin, Vcr	0	3	3
Seguin, Bos	0	3	3
Souray, Dal	0	3	3
Bolland, Chi	2	0	2
Cooke, Pgh	2	0	2
Cullen, Minn	2	0	2

Last night's games not included

MLB PLAYOFFS

LEAGUE CHAMPIONSHIP SERIES

(Best-of-7 series)

Last night's result

All times Eastern

AMERICAN LEAGUE

TEXAS (W) VS. DETROIT (C)

(Texas leads 2-0)

Last night's result

Texas at Detroit

Monday's result

Texas 7 Detroit 3 (11 inn.)

Tonight's game

Texas (Harrison 14-9) at Detroit (Porcello 14-9), 4:19 p.m.

Tomorrow's game

x-Texas at Detroit (Verlander 24-5), 4:19 p.m.

Saturday's game

x-Detroit (Scherzer) at Texas, 8:05 p.m.

Sunday's game

x-Detroit (Fister) at Texas, 8:05 p.m.

NATIONAL LEAGUE

MILWAUKEE (C) VS. ST. LOUIS (WC)

(Series tied 1-1)

Monday's result

St. Louis 12 Milwaukee 3

Tonight's game

Milwaukee (Gallardo 17-10) at St. Louis (Carpenter 11-9), 8:05 p.m.

Tomorrow's game

Milwaukee (Wolf 13-10) at St. Louis (Lohse 14-8), 8:05 p.m.

Friday's game

Milwaukee at St. Louis, 8:05 p.m.

Sunday's game

x-St. Louis at Milwaukee, 4:05 or 8:05 p.m.

Monday, Oct. 17

x-St. Louis at Milwaukee, 8:05 p.m.

x — if necessary.

MONDAY

RANGERS 7, TIGERS 3 (11 INN.)

Detroit	ab	r	h	bi	Texas	ab	r	h	bi
AJclns cf	4	0	0	0	Kinsler 2b	5	0	0	0
RSantg 2b	6	0	2	0	Andrus ss	3	1	1	0
DYong lf	4	0	0	0	JHmltn cf	5	1	2	1
Kelly rf-3b	2	0	2	0	MYong dh	5	1	1	0
McCarr 1b	5	1	1	0	ABeltre 3b	5	1	3	1
VMrtnz dh	4	1	0	0	Napoli c	4	1	1	0
Raburn rf-lf	3	1	1	3	N.Cruz rf	4	2	3	5
JhPerlt ss	4	0	1	0	DvMwp lf	4	0	0	0
Avila c	5	0	1	0	Morind 1b	4	0	0	0
Inge 3b	1	0	0	0					
Dirks ph-rf	2	0	0	0					
Totals	40	3	8	3	Totals	39	7	11	7
Detroit		003	000	000	00—3				
Texas		200	000	100	04—7				

No outs when winning run scored.

E—Moreland (1). DP—Detroit 2. LOB—Detroit 13, Texas 6. 2B—Kelly (1), Mi.Cabrera (1), Jh.Peralta (1), J.Hamilton (1), A.Beltre 2 (2), N.Cruz (1). HR—Raburn (1), N.Cruz 2 (3). S—Jh.Peralta, Inge. Detroit IP H R ER BB SO Scherzer 6 6 3 3 1 6 Coke 2-3 0 0 0 0 1 0 Benoit 11-3 0 0 0 0 1 0 Valverde 2 1 0 0 0 1 0 Perry L0-1 0 4 4 4 0 0 Texas D.Holland 2-2 3 4 3 3 4 0 Feldman 41-3 1 0 0 0 0 4 Ogando 12-3 1 0 0 0 0 2 M.Gonzalez 0 1 0 0 0 0 0 Feliz 11-3 0 0 0 0 2 0 M.Adams W1-0 1 1 0 0 0 2 T—4:25. A—51,227 (49,170) at Arlington, Texas.

CFL

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
x-Winnipeg	14	9	5	0	350	326	18
x-Montreal	14	9	5	0	435	342	18
Hamilton	14	7	7	0	395	389	14
Toronto	14	3	11	0	282	400	6

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
x-B.C.	14	8	6	0	400	304	16
x-Calgary	14	8	6	0	395	381	16
x-Edmonton	14	8	6	0	329	318	16
Saskatchewan	14	4	10	0	276	402	8

x — clinched playoff berth.

Monday's results

Edmonton 17 Saskatchewan 1

Montreal 29 Toronto 19

WEEK 16

Friday's game

All times Eastern

Calgary at Toronto, 7:30 p.m.

Saturday's game

Winnipeg at Edmonton, 7 p.m.

Sunday's games

Hamilton at Montreal, 1 p.m.

B.C. at Saskatchewan, 4 p.m.

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Philadelphia	32	11	7	14	43	34	47
Kansas City	32	11	9	12	47	40	45
Columbus	32	12	12	8	38	41	44
Houston	32	10	9	13	40	40	43
New York	32	9	7	16	49	42	43
D.C. United	30	9	10	11	46	46	38
Chicago	31	7	8	16	40	40	37
Toronto	32	6	13	13	33	56	31
New England	32	5	15	12	36	53	27

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
x-Los Angeles	32	18	4	10	46	25	64
x-Seattle	32	16	7	9	51	35	57
x-Salt Lake	32	15	11	6	43	35	51
Dallas	31	13	11	7	36	34	46
Colorado	32	11	9	12	42	40	45
Portland	31	11	13	7	38	44	40
Chivas USA	32	8	12	12	40	39	36
San Jose	32	7	11	14	35	41	35
Vancouver	31	5	16	10	32	50	25

x — clinched playoff berth.

Note: Three points for a win, one for a tie.

Tonight's games

All times Eastern

Dallas at Chicago, 8:30 p.m.

D.C. United at Vancouver, 10 p.m.

Friday's games

Houston at Portland, 10:30 p.m.

Real Salt Lake at Colorado, 10:30 p.m.

Saturday's games

Toronto at Philadelphia, 4 p.m.

New York at Kansas City, 4 p.m.

Chicago at D.C. United, 7:30 p.m.

Vancouver at Dallas,

Wise customers read the fine print: • * . \$ The 2011 Ram Clearout Event offers are limited time offers which apply to retail deliveries of selected new and unused models purchased from participating retailers on or after October 1, 2011. Retailer order/trade may be necessary. Offers subject to change and may be extended without notice. See participating retailers for complete details and conditions. • \$23,995 Purchase Price applies to 2011 Ram 1500 Quad Cab SXT 4x4 (24A+AGR) only and includes \$10,750 Consumer Cash Discount. \$26,995 Purchase Price applies to 2011 Ram 1500 Quad Cab SLT 4x4 (26G+XFF) only and includes \$10,001 Consumer Cash Discount. Pricing includes freight (\$1,400), air tax (if applicable), tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailers may sell for less. ▶ An advertised selling price for the 2011 Ram 1500 Quad Cab SXT 4x4 (24A+AGR) below \$24,000 (including \$10,750 Consumer Cash Discount, freight [\$1,400], air tax [if applicable], tire levy and OMVIC fee). Price excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. *Consumer Cash Discounts are offered on select 2011 vehicles and are manufacturer-to-retailer incentives, which are deducted from the negotiated price before taxes. Amounts vary by vehicle. See your retailer for complete details. \$2011 Ram 1500 Crew Cab Laramie shown. Price including applicable Consumer Cash Discount: \$36,195. Pricing includes freight (\$1,400), air tax (if applicable), tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. See bottom of the ad for range of potential retailer fees. Retailer order/trade may be necessary. Retailers may sell for less. • Loyalty Bonus Cash is offered on most new 2011 and 2012 Chrysler, Jeep, Dodge and Ram models (with the exception of 2011/2012 Dodge Caliber Canada Value Package and SE Plus, Grand Caravan Canada Value Package, Grand Caravan Cargo Van, Journey Canada Value Package, Ram 1500 Quad Cab [4x2 & 4x4], Ram Chassis Cab, Jeep Wrangler 2-door Sport, Patriot Sport [4x2 & 4x4] and Compass Sport [4x2 & 4x4]) and is deducted from the negotiated price after taxes. Eligible customers include those that had entered into a new Chrysler, Jeep, Dodge or Ram vehicle Gold Key Lease with a maturity date from October 1, 2011 and forward. Some conditions apply. See your retailer for complete details. The Best Buy Seal is a registered trademark of Consumers Digest Communications LLC, used under licence. ©SIRIUS and the dog logo are registered trademarks of SIRIUS Satellite Radio Inc.

SCAN HERE
FOR MORE GREAT OFFERS



PURCHASE THE 2011 RAM 1500 QUAD CAB SXT 4X4 FOR

\$23,995*

THE 2011 RAM CLEAROUT
AT OUR BEST PRICE OF THE YEAR.*



PURCHASE PRICE INCLUDES \$10,750 CONSUMER CASH,* FREIGHT, AIR TAX, TIRE LEVY AND OMVIC FEE. TAXES EXCLUDED. OTHER RETAILER CHARGES MAY APPLY.*

OR CHOOSE

THE 2011 RAM 1500 QUAD CAB SLT 4X4

PURCHASE FOR

\$26,995*

INCLUDES \$10,001 CONSUMER CASH,* FREIGHT, AIR TAX, TIRE LEVY AND OMVIC FEE. TAXES EXCLUDED. OTHER RETAILER CHARGES MAY APPLY.*

- HEMI® V8 power with V6 fuel economy^o
- 17" aluminum wheels
- SIRIUS® Satellite Radio (includes one year of service)
- Power sliding rear window

2011 Ram 1500 Crew Cab Laramie shown.⁵

NO CHARGE HEMI® ENGINE

COMPARE
WITH THE
COMPETITION

	RAM 1500 QUAD CAB SXT 4X4	CHEVROLET SILVERADO 1500 Chevy Edition Extended Cab 4X4	FORD F150 STX SuperCab 4X4
V8 ENGINE	✓	✓	✗
EXT. CAB WITH 4 FULL-SIZE DOORS	✓	✗	✗
SIRIUS® SATELLITE RADIO (1 YEAR NO-CHARGE SUBSCRIPTION)	✓	✗	✗
REAR STABILIZER BAR	✓	✗	✗
HD ENGINE COOLING	✓	✗	✗
LINK COIL REAR SUSPENSION	✓	✗	✗
POWER WINDOWS AND LOCKS	✓	✓	✗
4 & 7-PIN TRAILER TOW WIRING HARNESS	✓	✗	✗

RETURNING LEASE CUSTOMERS, GET \$1,500 LOYALTY CASH.*

*Your local retailer may charge additional fees for administration/pre-delivery that can range from \$0 to \$1,098 and anti-theft/safety products that can range from \$0 to \$1,298. Charges may vary by retailer.

RamTruck.ca/Offers

GUTS · GLORY



RAM

Longer and wider

Kia's California-based stylists really sharpened their pencils (or computer programs) in designing the new Rio duo and devised a larger canvas on which to do it.

Both the sedan and hatchback 5-Door are a bit longer and wider than their predecessors and the distance between their front and rear wheels has grown by a leg-stretching three inches.

The sheetmetal is now much more pleasing, especially on the slinkier hatch that has its own grille, bumper and, of course, rear door.

Idle Stop and Go

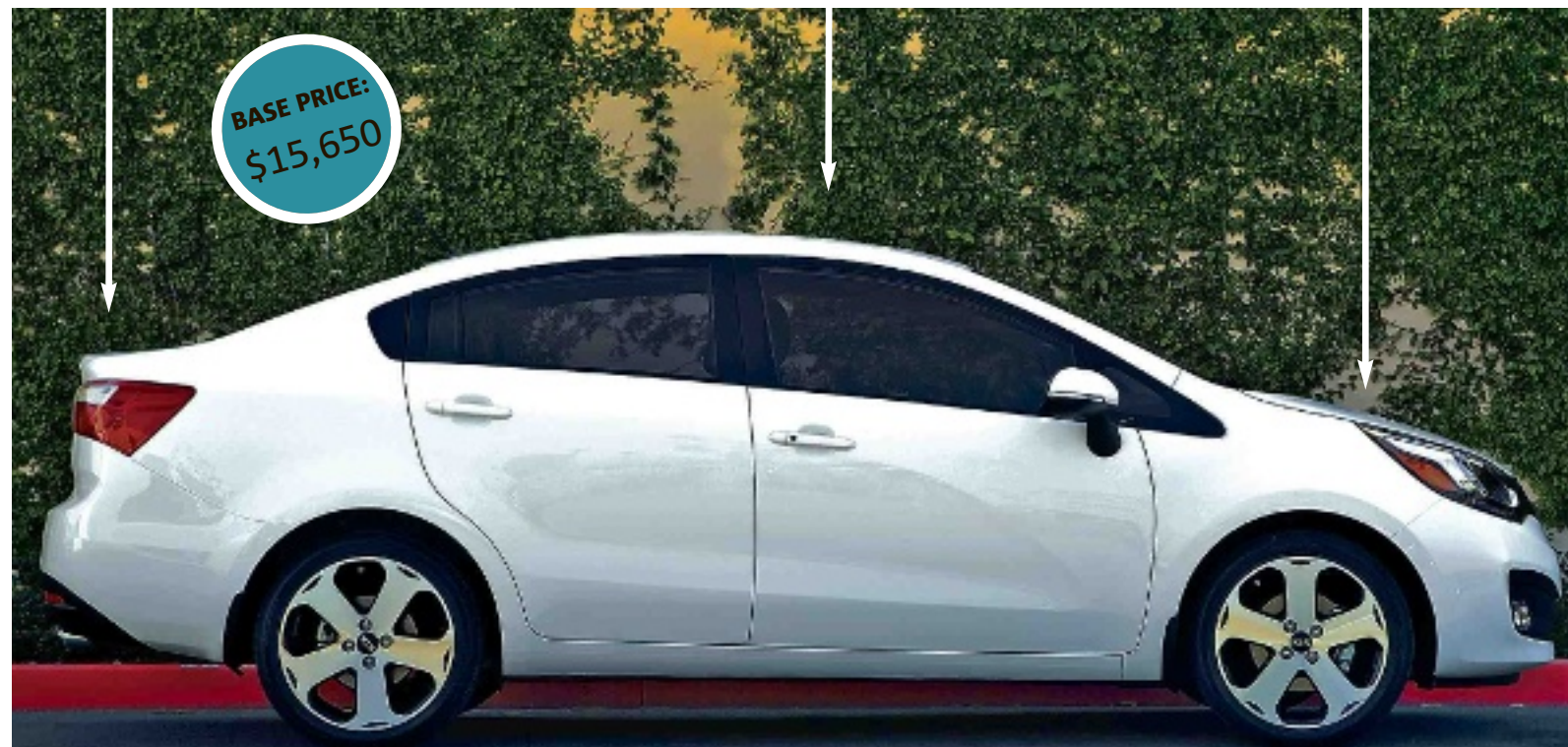
The powerplant's claim to fame is the adoption of what Kia calls Idle Stop and Go (ISG). This feature, available only in combination with the automatic transmission, shuts down the engine when the Rio comes to a complete stop, then instantly fires it up again when the brake pedal is released.

ISG is part of an optional Eco Dynamics Package that includes a special alternator that disengages under high engine load (such as when heading up a hill) to reduce power-sapping drag and improve fuel economy.

Engine

The Rio's power output has been significantly increased. The 1.6-litre four-cylinder produces 138 horses and 123 pound-feet of torque. That's a gain of 28 horses and 16 pound-feet of torque compared to the outgoing 1.6, which is significant on a 1,135-kilogram vehicle.

The lighter-by-13 kilograms engine is connected to a six-speed manual transmission or an optional six-speed automatic.



► Kia has done a good job of creating a sedan that doesn't look droopy at the ends. From this angle, you can also see that the headlights stretch up the front fender more than half way. Remember when headlights used to be on the front of a car?

Kia Rio: Good things come in small packages



MALCOLM GUNN
DRIVE@METRONEWS.CA
WHEELBASE MEDIA

It can now be carved in stone with absolute certainty that the dumbed-down, stripped-bare small-car era is officially over. And we have cars such as the 2012 Kia Rio to thank for pushing high-tech and comfort features down to the lowest limb on the automotive tree.

The all-new Rio sedan and Rio 5-Door hatchback bear little resemblance to their predecessors that took a minimalist approach and backed it up with styling and features that defined utilitarian.

But, hey, that worked for the Rio and its Hyundai Accent relation (Hyundai owns Kia), as well as for

just about every other entry-level car on the planet.

It's amazing what a little bar-raising competition has done for what was once the low-rent category. Nowadays, the market is teeming with really decent base rides, including the Ford Fiesta, Toyota Yaris, Mazda2, Honda Fit, Nissan Versa and the upcoming Chevrolet Sonic, to name some of the class leaders.

At a base price of \$15,650 for the hatchback (pricing for the sedan hasn't been set yet), the Rio models appear to have established category benchmarks for fashion and substance that will be hard to top, but easy for small-car shoppers to swallow.



► Modern and simplistic with a richer look defines the new Rio's interior. The car isn't the least expensive in its class, but it doesn't have to be.



► The smart-looking hatchback has slightly less cargo room than the previous model with the rear seat in the upright position.

Kia Rio



What you should know about the 2012 Kia Rio/Rio 5-Door:

- **Types:** Four-door, front-wheel-drive sub-compact sedan/hatchback.
- **Engine (hp):** 1.6-litre DOHC I4 (138).
- **Transmission:** Six-speed manual; Six-speed automatic (opt.).
- **Market position:** Sub-compacts is the hottest category since the sport utility vehicle. The Kia Rio and its Hyundai Accent relation are examples of cutting-edge styling, mighty-mite performance and fuel economy at an affordable price.
- **Mileage:** L/100 km (city/hwy) 6.6/4.9 (AT).



By comparison

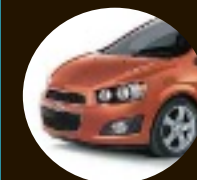
Ford Fiesta

Base price: \$14,500
All-new sedan and hatchback models are easy on the eyes and easy on gas.



Chevrolet Sonic

Base price: \$16,000
New Aveo replacement offers lots of power plus good fuel economy.



Honda Fit

Base price: \$15,900
Highly practical and roomy wagon with a peppy powerplant.



WHEELBASE MEDIA



Scan code for more car reviews and news

FUEL EFFICIENCY FACES INTRIGUING PARADOX

AUTO PILOT



MIKE GOETZ
DRIVE
@METRONEWS.CA

We instinctively equate fuel efficiency with fuel conservation, but they are completely different concepts. In fact, fuel efficiency can actually lead to more fuel consumption.

This disturbing notion was first documented in a scholarly way, back in 1865, by the British economist, W. Stanley Jevons.

He argued that the technological improvements, which increased the amount of energy one could extract out of a certain amount of coal, actually led to more coal use, not less. The notion has since been known as the Jevons Paradox.

I had my own Jevons Paradox moment this past weekend. I made an extra run to my ancestral bungalow, 100 kilometres away, mostly because I had access to a very efficient vehicle —



► The Chevrolet Sonic

the cute and zippy Chevrolet Sonic.

With the Sonic's highway fuel consumption rating of 5.1 L/100 km, the 200 km round trip burned up about 11 litres of regular, at \$1.22 per, for an estimated expenditure of about 13 bucks.

If my only vehicle option had been my '67 Jaguar E-type, I wouldn't have went, because the round trip would have cost me about \$35 in premium fuel, about \$2 in heavy weight engine oil, and about a day or two off my life expectancy, due to the physical and emo-

tional stress of watching the Jaguar's coolant temperature gauge flirting with disaster for two solid hours. But I did have the Sonic, so I went. Net result: I used 11 "more" litres of gasoline than I would have, had I been Sonic-less.

We take more car trips and drive more annual kilometres than we did 40 years ago, and that means we consume more gasoline than we did 40 years ago, even factoring in the fantastic fuel efficiency gains we've made over the same period.

Now, we're contributing

Rising numbers

Canadian Gasoline Sales

- 2000: 36.3 billion litres
- 2001: 36.6 billion litres
- 2002: 37.9 billion litres
- 2003: 38.4 billion litres
- 2004: 38.9 billion litres
- 2005: 38.5 billion litres
- 2006: 38.7 billion litres
- 2007: 39.6 billion litres
- 2008: 39.1 billion litres
- 2009: 39.7 billion litres
- 2010: 40.6 billion litres

STATISTICS CANADA

significantly less greenhouse gases per vehicle

trip, because the vehicles run a lot cleaner, so that's something.

But if we collectively think we'll fix everything by chipping away at the fuel numbers, we won't, because the more fuel-efficient vehicles become, the cheaper it becomes to consume fuel. We're on a path to efficiently consume more and more fuel.

Economists, especially those with a free market bent, tell us there is one, sure-fire way to change consumer behaviour — the brute force of high price.

But do we want a world

where fuel prices are so high only the rich get to drive? I say, "nay."

Actually I would say, "nay, nay, really nay." I guess we could also allocate fuel via a voucher system, as used by post-war Britain for many years.

What would really help, however, is if someone came up with a new paradox, one that would be easier to get your head around than Jevons Paradox, and where the outcome would always be awesome.

That's your assignment for this week. No extensions.

LOOKING FOR A USED CAR? CHECK OUT THOUSANDS OF LISTED VEHICLES WITH US!

Try out the Canadian Black Book Vehicle Evaluator for trade-in value, average asking price and future value of virtually every car and truck manufactured since 1998! Plus, you can search through thousands of used cars listings to find one that's right for you!

powered by

Canadian Black Book

Visit www.metronews.ca/drive



metro

Honda LEEDs way at new head office

JIL MCINTOSH/FOR METRO

► Environmentally-friendly building was three years in the making

DRIVING FORCE

JIL MCINTOSH
DRIVE@METRONEWS.CA

All automakers are working to make their vehicles more environmentally-friendly, but sustainability involves all aspects of the auto industry. That's why Honda designed its new

headquarters in Markham, Ont., to meet LEED (Leadership in Energy and Environmental Design) standards.

"It took us three years to build and move in," says Barry Holt, Honda's vice-president of finance and information services.

"To date, Honda has 11 LEED-certified facilities (in North America), and this is the only one in Canada."

The Honda head office "campus" consists of three buildings — offices, parts warehouse and a technical centre — on 54 acres of land. It recently was awarded Gold status by LEED.

It's not just enough to incorporate recycled materials or reduce the construction trash that goes to landfills, although Honda did that.

It started well before the

first shovel went into the ground with habitat preservation, since the complex was built on a farmer's field. This meant ensuring that forests or ponds didn't have to be taken out. A large portion of the property has been given over to green space, and some 1,000 trees, 5,000 shrubs and 2,700 perennials have been planted.

Water is always a key is-



► Honda achieved a 44 per cent water saving at the new building.

sue with sustainability, and the Honda building uses a storm-water system that collects rainwater and stores it in an underground cistern for irrigation.

WITH ALL THESE SAVINGS, YOU'LL HAVE EVEN MORE TO LOSE IN YOUR FOOTBALL POOL.



CASH REBATE
\$2,000
Limited time offer

2011 **FORESTER** 2.5X All-Wheel Drive

starting from \$27,853 **

\$298	\$1,868	0.9%	3.79%
LEASE PAYMENT FOR 48 MONTHS*	DOWN*	LEASE RATE	LEASE APR
			For informational purposes

2.5X Convenience Package shown



GREAT SAVINGS ON REMAINING 2011 MODELS.



2.5GT model shown

2011 **LEGACY**
2.5i All-Wheel Drive
starting from \$25,853 **

\$298	\$2,695	0.5%	4.13%
LEASE PAYMENT FOR 39 MONTHS*	DOWN*	LEASE RATE	LEASE APR
			For informational purposes



2011 **TRIBECA**
All-Wheel Drive

SUPERIOR JAPANESE ENGINEERING FROM
\$42,853 **
Includes freight and fees. Excludes HST and licensing.



2.5i Sport Package shown

2011 **OUTBACK**
2.5i Convenience All-Wheel Drive
starting from \$30,853 **

\$359	\$3,112	1.9%	4.54%
LEASE PAYMENT FOR 48 MONTHS*	DOWN*	LEASE RATE	LEASE APR
			For informational purposes



2011
RESIDUAL
VALUE
AWARD
ALG AWARD WINNER
Best Mainstream Brand*



The only manufacturer with 2011
IIHS Top Safety Picks for all models. ▲

JAPANESE ENGINEERED VEHICLES STANDARD WITH
SYMMETRICAL AWD

SUBARU OUTAOUAIS

890 St-Joseph Blvd., Hull • (819) 777-4341 • www.subaruoutaouais.com • WE ARE LOOKING FOR USED SUBARU'S

All prices include freight and fees. Excludes HST and licensing.



Denise Racine
Owner

▲ Ratings of "Good" are the highest rating awarded for 40-mph frontal offset, 31-mph side-impact and 20-mph rear-impact crash tests conducted by the Insurance Institute for Highway Safety (IIHS) (www.iihs.org). A "Good" rating obtained in all three crash tests plus a "Good" rating in new roof strength testing and the availability of Electronic Stability Control (ESC) (Vehicle Dynamics Control) achieves a 2011 Top Safety Pick. *Based on 2008 over 2007/2009 over 2008/2010 over 2009 sales in Canada for Japanese car manufacturers; individual brands/divisions not considered separately. ♦ Based on ALG's 2011 Residual Value Awards for Best Mainstream Brand. \$2,000/\$2,000/\$7,000/\$2,000 cash rebate offer is for cash purchases only and is available on 2011 Forester (BJ1 X0)/Legacy (BA2 25)/Tribeca (BS2 XX)/Outback (BD2 CP). Cash rebate offer will be deducted from the negotiated price before taxes and cannot be combined with special finance or lease offers. *Representative lease example based on 2011 Forester 2.5X (BJ1 X0)/Legacy 2.5i (BA2 25)/Outback 2.5i (BD2 CP): 0.9%/0.5%/1.9% nominal lease rate for 48/39/48 months. 3.79%/4.13%/4.54% effective lease rate for 48/39/48 months. Monthly payment is \$298/\$298/\$359 with \$1,868/\$2,695/\$3,112 down payment. Option to purchase at end of lease is \$11,800/\$12,489/\$12,718. \$0 security deposit plus first month's payment and applicable taxes due at lease signing. **MSRP of \$25,995/\$23,995/\$28,995/\$40,995 on 2011 Forester 2.5X (BJ1 X0)/Legacy 2.5i (BA1 25)/Outback 2.5i (BD1 CP)/Tribeca (BS2 XX). Advertised pricing consists of MSRP plus charges for Freight/PDI (\$1,525), Air Tax (\$100), Tire Stewardship Levy (\$29.20), OMVIC Fee (\$5), Dealer Admin (\$199). Freight/PDI charge includes a full tank of gas. Taxes, license, registration and insurance are extra. Models shown: 2011 Forester 2.5X Convenience Package (BJ2 CP). MSRP of \$28,095. 2011 Legacy 2.5GT (BA1 6TN). MSRP of \$38,595. 2011 Outback 2.5i Sport Package (BD1 SP). MSRP of \$31,795. Dealers may sell or lease for less or may have to order or trade. Offers applicable on approved credit at participating dealers only. Lease based on a maximum of 24,000 km per year, with excess charged at \$0.10/km. Leasing and financing programs available through Subaru Financial Services by TCCL. Other lease and finance rates and terms available; down payment or equivalent trade-in may be required. Vehicles shown solely for purposes of illustration, and may not be equipped exactly as shown. Offers available until October 31, 2011. See Subaru Outaouais for complete program details.

A sensible alternative to most coupes

SECOND GEAR



JUSTIN PRITCHARD
DRIVE@METRONEWS.CA

A convertible four-seater designed for year-round use, the Volkswagen Eos featured a sleek coupe body capped by a hard-top motorized roof and sunroof assembly — allowing owners to take in the sun and fresh air even on colder days.

An affordable, but up-scale model, the VW Eos featured navigation, parking radar, Bluetooth, premium audio, xenon lighting, heated leather seating and more.

A long list of safety equipment was also standard.

2007 to 2011 Volkswagen Eos



Engine

All Eos models got a two-litre four-cylinder turbo engine with 200 horsepower. Transmission choices included a six-speed manual and a six-speed Direct-Shift Gearbox (DSG) with paddle shift.



What owners like

Eos's quick-acting top mechanism, nicely-trimmed cabin, fun-to-drive attitude and an overall sporty and refined character is popular with owners. Most of these note that interior space up front is generous given the overall size of the car.



What owners dislike

Eos owners typically wish for more back-seat space, better rearward visibility, and more storage space for smaller, at-hand items within the cabin. Limited trunk space is also an issue with some owners.



Common issues

Start a test-drive of a potential used Eos by looking for water leaks. Many Eos owners have reported some level of water leakage through the convertible top, so check carpeting, the roof panels and the roof storage area for signs of water damage or dampness.

All on-board electronics should also be tested for proper performance. Note that a rough idle, hesitation, or a check-engine light could be caused by glitch ignition-system parts.

Verdict

Consider the Eos a roomier and more sensible alternative to machines like a Mazda MX-5 or Saturn Sky in the used market — thanks to its back seat and the year-round driving confidence of front-wheel drive.

Starting from

0.9%[†]

Purchase Financing

24 Months APR

Offer valid on all 2006 – 2010 Civic and Accord models.

Buy a used car, get a used car. Buy a used Honda, get a Honda.

Honda reliability. Certified. When Honda certifies a used vehicle, you know it can be depended on. Every Certified Used Honda undergoes a series of thorough dealer inspections to ensure it upholds the reliability of the Honda name. You get the performance, safety and efficiency of a Honda, with the added assurance that comes with a factory warranty.

Find yours at cuv.honda.ca

- 6-year / 120,000-km transferable powertrain warranty
- 7-day / 1,000-km exchange privilege
- 100-point inspection
- CarProof Vehicle History Report

HONDA
Certified
Used Vehicles

Limited time Purchase Financing offer on Honda Certified Used Civic and Accord models available through Honda Financial Services, on approved credit. Offer only available up to 24 months on Honda Certified Used Honda Civic and Accord (2006-2010 model years). Finance example based on 2006 Civic model: \$10,000 at 0.9% per annum equals \$420.58 per month for 24 months. Cost of borrowing is \$94.02 for a total obligation of \$10,094.02. Taxes, license, insurance, registration and fees are not included. See your Honda dealer for full details. Dealer may sell for less. Additional financing offers available on 36, 48, 60 and 72 months. Offer expires December 31, 2011.

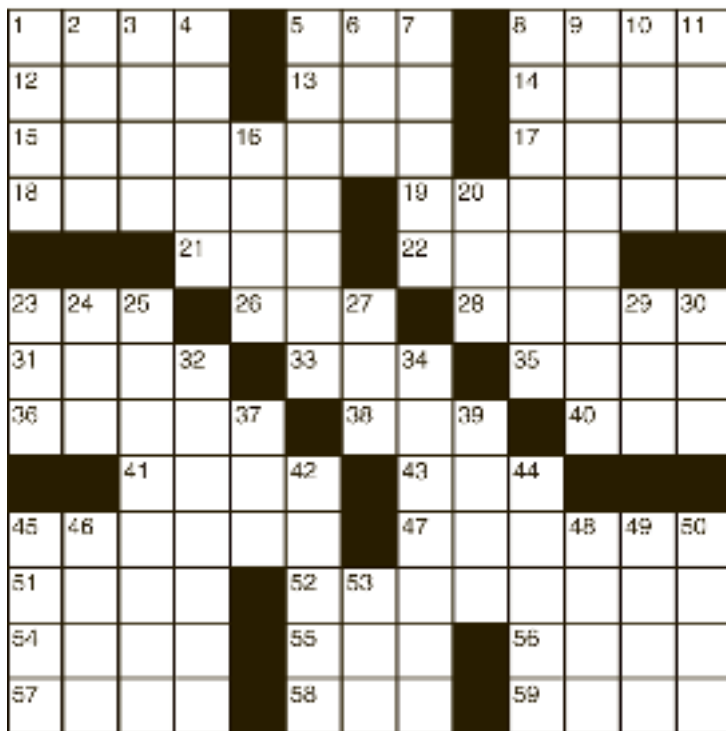
Crossword

Across

- 1 Pond film
5 — constrictor
8 Touch
12 Earthenware pot
13 Also
14 California wine valley
15 Imposed a penalty on
17 Soon, in verse
18 Dive of a sort
19 Rickrack
21 Health resort
22 Actress Diana
23 Vacationing
26 Can material
28 Western border lake
31 Eye part
33 Apprehend
35 Simple
36 Hermit, e.g.
38 Standard
40 Lair
41 Mid-month date
43 Shriek bark
45 “— Street”
47 Nervous
51 Genuine (Ger.)
52 Disappeared
54 Genealogy chart
55 Storm center
56 Sound quality
57 Lather
58 Trawler need
59 Luke Wilson's brother

Down

- 1 Former frosh
2 Hint
3 Arm bone
4 “The Mikado” trio



- 5 Persian Gulf country
6 Inseparable
7 Tossed into the mix
8 Turn of a phrase?
9 Ostracized
10 “Once — a time”
11 Piquancy
16 Calendar abbr.
20 Period
23 Lubricant
24 To and —
25 Done
27 Siesta
29 Raw rock
30 Still, in verse
32 Tranquilizes
34 Rifle attachment
37 Sleep phenom
39 Eastern princess
42 Most common dice roll
44 Green pasta sauce
45 Collections
46 Beige
48 Indian Ocean vessel
49 Wilder or Hackman
50 Paradise
53 Sailor's assent

► Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►

2	5	3	9	4	8	7	6	1
7	4	8	1	5	6	3	2	9
1	9	6	3	2	7	5	4	8
9	2	5	4	8	1	6	3	7
4	3	7	8	9	2	6	1	5
8	6	1	5	7	3	2	9	4
3	7	4	6	1	5	9	8	2
6	1	2	7	8	9	4	5	3
5	8	9	2	3	4	1	7	6

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Kate, I am so glad that we are finally engaged and planning to get married in 6 months. I feel lucky that finally I found my soulmate. You are the best thing ever happened to me. **JEFF**

Natalie, long drive home...nothing to worry...good surfing...good hiking...good time...just missing you bit.. **ADAM**

Dear “Dolphin Wink” Sorry, dear! I thought you r in trouble with ur job. You r right, probably some others person's word & it “s confused us again. Some story was so similar I thought it's “you”& I've given too much advice, I couldn't believe though. Anyways, glad to hear that you r doing great. I'm happy with my job n everything. Thanks for your concern. Be happy, good luck.

SMILE

Today's horoscope

♈ Aries March 21-April 20
Today's full moon in your sign will motivate you to act quickly and decisively, but don't go too far.
♉ Taurus April 21-May 21 Like everyone else, you have secrets. But there is one secret that will become public today. Own it.
♊ Gemini May 22-June 21 Don't keep your feelings to yourself today — let everyone know what is going on inside your heart.
♋ Cancer June 22-July 22 Be careful how you come across to today. The full moon warns not everyone will see your humour.

♌ Leo July 23-Aug. 23 Let someone you are attracted to know that you think they are special.
♍ Virgo Aug. 24-Sept. 22 You will get more done if you take a gentler, less confrontational approach. Imagine how others feel.
♎ Libra Sept. 23-Oct. 23 You may be an open-minded person but today, protect yourself from other people's negative emotions.
♏ Scorpio Oct. 24-Nov. 22 If you are going to make progress on a project of some kind, you first need to stop thinking you can do it alone. Seek help.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♐ Sagittarius Nov. 23-Dec. 21 Today's full moon in Aries will encourage you to take the kind of risk that most people would avoid.
♑ Capricorn Dec. 22-Jan. 20 The less you reveal about your plans over the next two or three days, the better.
♒ Aquarius Jan. 21-Feb. 18 You may be tempted to cut corners and bend rules today but you really don't need to.
♓ Pisces Feb. 19-March 20. There's a chance an employer will try to cheat you out of what is rightfully yours. **SALLY BROMPTON**

Caption contest



WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

FLIGHT CENTRE *Unbeatable*

Puerto Plata 7 Nights 3.5-Star All-inclusive

\$266

Allegro Puerto Plata
Departs Nov 10/nol/c6. **UPGRADE** to the 5-star Riu Bachata for \$20 per night. + taxes & fees \$403

1 866 720 4853 | flightcentre.ca

Conditions apply. Ex: Montreal. Package prices are per person, based on double occupancy for total length of stay unless otherwise stated. All-inclusive vacations include air. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. nol=nolights, c6=canjet. Head office address: 1 Dundas St W Suite 200, Toronto, ON. Call for retail locations. ONT. REG #4671384

KISS & TELL WITH METRO KISS

Tell your friends, family or that secret crush just how you feel with a Metro Kiss... then share it with the world through Facebook and Twitter.

All kisses will appear online and a selection will appear in print too!

Visit metronews.ca daily to see who loves whom, or...who loves you!

metro

